



The DASH | ד"ש | Congregation Ohav Shalom | אוהב שלום

Spring 2017 | Adar-Sivan 5777

A Conservative/Egalitarian Synagogue in Albany, New York

Volume 39, Number 3

SCHOLAR IN RESIDENCE WEEKEND

Making a Sanctuary: From Caring Community to Sacred Fellowship with Rabbi Regina Sandler-Phillips March 3-5

Please join us for a weekend of events as Rabbi Regina weaves together classical texts, music and discussion to address what it means to create caring community at different moments of the life cycle.

- Friday Night Shabbat After Dinner Discussion - Jewish "interlife": The Invisible Points of Connection
- Saturday Morning Shabbat Services and Kiddush Lunch: "Balancing the Sanctuary—Three Legs or One Foot?"
- Sunday Evening program 6 pm "All Through the Night: The Spiritual Significance of Sh'mirah (Vigil Keeping)

Rabbi Regina Sandler-Phillips, MSW, MPH is the Founding Executive Director of Ways of Peace Community Resources which promotes justice and kindness across lines of diversity and throughout the life cycle.

SAVE THE DATE

Volunteer Appreciation Shabbat



On Shabbat morning, **April 29**, we will honor the many individuals who sustain and enhance our Ohav Shalom community by volunteering of their time and know-how. Watch for further information and plan to attend to be recognized and to fulfill the mitzvah of saying thank you - *hakarat hatov*.

Kids... Come Celebrate Purim with Balloons! Saturday evening, March 11



Evening service at 6:45 pm
Megillah reading and kid's program at 7 pm.
With special appearance by balloon impresario, Mr. Twisty.
Sunday morning, March 12 at 10 am:
B'Yachad Megillah reading and carnival at Temple Israel.
Please join us for the reading of the *Megillah* and more!

Save the Date for Shavuot!

Shavuot celebrates the giving of the Torah.

Tuesday night, May 30:

- 6 pm: Dinner and family program
- 9 pm: Holiday services, dessert and late night Torah study in honor of the holiday.

Wednesday, May 31:

- 9 am: Yom Tov services.
- 10:30 am: second annual junior congregation reading of the Ten Commandments
- Kiddush lunch and ice cream bar to follow.

Thursday, June 1:

- 9 am: Yom Tov services.
- 10:30 am: Yizkor service.

More info on the Ohav website.

We look forward to celebrating with you!



Also in this Issue...

2. President's Message, Leadership
 3. Ohav Info, Shabbat Services
 4. Passover Events, Lifelong Learning
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 6. Nursery School, Rummage Sale
 7. Welcoming the Stranger, Mitzvah Day
 8. Safety/Security, Project Nehemiah, Noodle Pudding Players, Maccabi Games, Playground News, Grant Writer Needed
 9. Inclusion Committee News
 10. Social Action, Ohav's Cookin'
 - 11-12. Donations
 12. Family News
 13. Yahrzeit listings
 14. Volunteers Needed, Note to our Advertisers
- Back Cover: Planned Giving
- Enclosures:
Donation Form
DASH Advertising Form



Dear Friends:

In preparation for the Congregational Meeting in January, I took a moment to think back over the past six months as your President. It certainly has been an enormous learning experience! I am in awe of everything this congregation does, and the importance of Ohav in so many of our lives. On the practical side, we have repaired the roof, renovated Rabbi Dan's office and the caretaker's apartment, taken several steps to make the *shul* more secure and more accessible (efforts that continue), dealt with repairs necessary to the machinery and physical plant, dealt with a broken water main, fixed lights, and the list goes on. These are things that many don't see. And, we continue to provide excellent programs as we improve our communications and expand our offerings. We are able to provide meals for those in mourning or seriously ill and remain involved in our community settling refugees, working at the food pantry and cooking for the homeless. More and more of you and the larger community are choosing to celebrate *simchas* and other events at Ohav, which is wonderful. It is impressive, especially when we remember that we have such a small staff. Wow!

So how does all of this happen? Because of YOU, our congregants. None of this happens on its own. You are what makes Ohav the amazing place it is. You, through your dues and financial contributions and through your volunteer work have created a real community, one that is there for each of us. Come to a Shabbat dinner and enjoy the fellowship of your fellow Ohav members or come to morning minyan or Shabbat morning services and share sacred space with your community. Come to a class or program and explore new ideas and our ageless texts. Challenge yourself and challenge each other.

As we welcome new members into our Ohav family, I encourage you to become involved in a way that is meaningful to you. Volunteer in the Gift Shop, help in the office, serve on a committee, volunteer with our social action projects, join our cooks and bakers, help with fundraising. Reach out to someone new. Your energy, grace, and creativity move Ohav forward. Thank you for all you do.

Shalom,
Judy

2016-2017 CONGREGATION OHAV SHALOM LEADERSHIP

Judy Avner, *President*
Shari Piper, *Secretary*

Ed Jacobs, *First Vice President*
Gregg Fox, *Treasurer*

Andy Salem, *Second Vice President*
Libby Post, *Immediate Past President*

BOARD OF TRUSTEES

(listed by term ending)

2017:

Wendy Kay Bates, Sharon Lozman, Barry Pollack,
Dan Hampson, Margery Zucker

2018:

Lynn Dunning-Vaughn, David Levine, Sandy Lipman,
Sheila Lobel, Debbie Rausch, Jay Worona

2019:

Laurie Abelson, Janis Cohen, Larry Flesh,
Jean Kaback, Susan Ungerman

Ex-Officio:

Steve Levy, Housing President

Committee Chairs:

Endowment: Mort Borzykowski and Ira Lobel

Social Action: TBA

Communications/DASH: Debbie Rausch and Terry Tyson

Religious Life: David Levine

Fundraising: Libby Post

Planned Giving: Ed Jacobs

Membership: Ed Jacobs and Janis Cohen

Cemetery: Jeff Cohen

Youth: Marci Galinkin

Scholarship: Sheila Lobel

B'Yachad (Hebrew School-Talmud Torah): Libby Post

Lifelong Learning: Wendy Kay Bates and Sandy Lipman

House and Grounds: Sharon Lozman

אוהב שלום
**OHAV
 SHALOM**
 A Conservative/Egalitarian
 Synagogue

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Online
www.ohavshalom.com

B'Yachad Office
 518-489-4706 X17

Nursery School Office
 518-489-4894, ext. 11

 Find us on Facebook
facebook.com/ohavshalomalbany

FOUNDED 1911

A Conservative/Egalitarian Synagogue
 affiliated with The United Synagogue of
 Conservative Judaism

Rabbi Daniel Ornstein

Rabbi Rena H. Kieval

Cantor Emeritus: Dan Chick z"l

President: Judy Avner

Executive Director: Phil Merens

Operations & Events Coordinator: Nancy Pandolfo

Finance Coordinator: Patty Marcinkowski

B'Yachad Principal: Rabbi Miriam Lichtenfeld

Nursery School Director: Sheryl Welton

The DA'SH / ד"ש

DA'SH is a Hebrew acronym for
Derishat Shalom (Greetings of Peace)

Co-Editors: Debbie Rausch & Terry Tyson

DA'SH appears 4 times annually. Articles and
 family news are welcome. Please send articles
 to Nancy@ohavshalom.com. **Deadlines are firm.**

All submissions for the DA'SH
 are due on the following Mondays:
 Nov. 13 (Winter), Feb. 12 (Spring),
 May 15 (Summer), Aug. 14 (Fall)

To place an ad in the DA'SH, please contact
 Nancy at the synagogue office
 518-489-4706 ext.10

SERVICES

DAILY MINYAN

Warm, friendly, inclusive, egalitarian

- Sunday, 8:30 am
- Monday and Thursday, 6:45 am
- Tuesday, Wednesday and Friday, 7 am
- Federal Holidays, 8 am

Please check our website for holiday times

FRIDAY EVENING SERVICE

- Kabbalat Shabbat, 6:30 pm at
 Ohav Shalom Chapel

SHABBAT MORNING SERVICE

- Services begin at 9 am
- Torah reading begins at approximately 10
 am
- Kiddush follows services

SHORASHIM

PRE-SCHOOL - KINDERGARTEN

- 11:30 am in the chapel, beginning
 with the sanctuary Torah procession
 at about 11:15 am

NOTE: See below for information about additional Shabbat monthly and youth services.

Shabbat Programs for Youth

Teen Minyan

A monthly Shabbat service for students
 in grades 7-12 who pray at their own pace
 in a friendly environment. Kiddush
 provided. **10:30 am on 3/18, 4/8 and 6/3 in
 the Kol Bo Room.**

Contact Shelly Goldman at
teenminyan@ohavshalom.com for more
 information or to sign up for a part in the
 service.

Junior Congregation

A fun participatory service for students in grades 1-6. **10:30 am on 3/18,
 4/8 and 6/3** including prayers, songs, skits, Torah reading and snacks.
 For more information, please contact Jane Ginsburg at
jabginsburg@gmail.com or 518-301-1402 or Rabbi Kieval at the Ohav
 office.



Additional Shabbat Services

Center Square Minyan in Downtown Albany

Join us on **March 3, April 7, May 5** (parve-dairy potluck dinner) and
June 2 (ice cream social). Minyan begins at 6 pm. All are welcome,
 including kids.

It all takes place at Trinity United Methodist Church (Please ring the bell
 on the Lancaster St. side of the building to enter), 235 Lark Street, Albany.
 Contact Aaron Israel at centersquareminyan@gmail.com or call 518-565-
 0474 for more information. We look forward to celebrating with you!

Shabbat Afternoon Meditation

A half hour of quiet meditation after morning services and Kiddush on
 the third Shabbat of every month September through June **3/18, 4/15, 5/20
 and 6/17**. All are welcome to join us for this quiet contemplative Shabbat
 practice!

Save the Date:

Late Shabbat Afternoon Minyan begins May 6 - Oct. 28
 Look for a more detailed schedule coming soon!



Rabbits & Lettuce - The History of the Passover

Haggadah in Art and Text

With guest teacher, Dr. Joshua Kulp, Rosh Yeshiva (academic head) of the Conservative Yeshiva, Jerusalem

Join us on **Monday, March 27** at Congregation Ohav Shalom for a Dairy dinner at 6 pm followed by Dr. Kulp's talk and visual presentation at 6:45 pm.

Dinner is free, but you **MUST** RSVP by Wednesday, 3/22. Please see more info at www.ohavshalom.com.

We look forward to learning with you!

Ohav Shalom and Hebrew Academy's 2nd Annual Pre-Pesach Dinner, Thursday, April 9 at 5 pm at Ohav Shalom

- Donate your unused, unopened Chametz (or any food) to the Regional Food Bank
- Enjoy a spaghetti and meatball dinner prepared by Ohav's kitchen staff
- soccer and a Passover scavenger hunt for kids

ALL OHAV AND HACD FOLKS WELCOME

\$18 per adult; \$10 per child; \$54 max per family
Call Nancy at 489-4706 X10 to RSVP and send your check payable to Congregation Ohav Shalom.

Seder for Individuals with Developmental Disabilities: Sunday, March 19



The Ohav Shalom Social Action Committee invites you to **Break Matzah with Us!**

Be part of Albany's annual Passover Seder for Individuals with Developmental Disabilities at Ohav Shalom

We need workers in shifts of 2-3 hours throughout the day 1 pm—6 pm to: prepare the meal, assemble Seder plates, set the tables, greet guests, serve the meal, clear the tables and clean up.

If you've worked on the Seder in past years, you remember how much fun it is.

If you haven't – come get to know one of Albany's greatest holiday projects.

To volunteer or for more information call/email Jody Ference 518-330-9636 / sfdda.ohav@gmail.com



The Annual Passover Guide can be found on the Ohav Shalom website.



Unlocking "Noah": Bible, Midrash, and Moviemaking

When director Darren Aronofsky's film, "Noah," was released in March 2014, it provoked a wide range of reactions from praise to outrage. For Delmar resident and armchair archaeologist Steven Stark Riemer, however, "Noah" made perfect sense. Now, Stark-Riemer will teach a new course at Congregation Ohav Shalom in Albany that will unlock the mysteries of the movie. Stark-Riemer explains that the movie actually is carefully researched and well grounded in Jewish literature written roughly between 200 B.C.E. and 100 C.E. that did not make it into the Hebrew Bible.

Wednesdays, March 1 – April 5 at 7 pm

Cost: \$42 members \$54 nonmembers

Talmud Class with Rabbi Ornstein

In keeping with this year's theme, "Judaism From The Inside Out", join Rabbi Ornstein in the study of Talmud, the great Jewish oral tradition. Everyone is welcome to join us, and no prior knowledge of Hebrew or Talmud necessary. This will be a text exploration and skill building class. Please purchase or bring with you a copy of the Schottenstein Talmud Tractate - *Sanhedrin Volume 3*

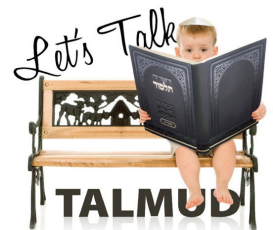
Monday mornings at 11 am :

3/6, 3/13, 3/20, 4/3, 5/1, 5/8, and 5/15.

Monday Evenings at 7 pm:

3/27, 4/24, 5/22

Cost: Members, \$42; Non-Members, \$54



Living From the Inside Out: Jewish Tools for Deeper Connection

Learn how a deepened awareness of yourself and of the world around you will help you be your true self. This group draws from the ancient Jewish practice of *mussar* (instruction). We explore 'soul traits' (*middot*) such as patience, trust and dignity, and how we can cultivate them within ourselves and in our relationships with others. Our sessions include discussion, text study, chant and brief meditations. No previous experience is necessary.

Our *Mussar* studies continue on the following dates: **3/2, 3/16, 3/30, 4/20, 5/4, 5/18, 6/8**

Led by Rabbi Kieval, Lynna Schaefer & Jeanette Perkins.

Interested? Watch for future groups!

WORDS FROM RABBI KIEVAL

([from a dvar Torah delivered on January 21, 2017])

Of Women and Human Beings: All Kinds of Strong

As we begin the book of Exodus, I think of Hollywood's most recent film about this book – *Exodus: Gods and Kings*. I did not see the movie, so cannot comment on it. But I **am** struck by the subtitle – *Gods and Kings*. Presumably that sums up the story: **Gods and Kings**. Certainly, we could describe the Exodus tale, the seminal story of our people, as a grand showdown of majestic force involving God, **capital G**, and gods, **lower case g**, the gods of the Egyptians, and the mighty King Pharaoh. As we know, those dramatic confrontations culminate with Pharaoh's defeat as the Israelites escape from slavery in his Egypt. As we read these stories once more, we will see how Gods and Kings make history.

But the opening of Exodus, which we read today in the Torah, reminds us that history is made not **only** by Gods and Kings. History is also made by regular folks like those of us sitting in this room. This *parsha* reminds us of that fact through the stories of women – about whom our rabbinic sages made the stunning statement, "Israel was redeemed from Egypt on account of the righteous women of that generation."

Today, as hundreds of thousands of people participate in post-inauguration day "women's marches," let us consider the women of today's *parsha* and what they might teach us.



Our Torah portion is a kind of prologue – a back story – to the Gods and Kings narrative. Here we meet a series of women without whom the Exodus could not have happened. We meet the midwives who defied

Pharaoh's orders to murder all Hebrew male babies. We meet a mother and daughter who save a baby, and a princess and her handmaidens who protect and raise that baby, the future leader of the Israelites. The actions of these women stand in direct contrast to the cruel and oppressive regime of Pharaoh, and they stand in direct contrast to his values. All of these women protect life rather than take life. They counter injustice. Moshe's mother and sister, of course, act out of family love, for their own son and brother. The midwives are driven by their reverence for God, inspiring them to courageously defy the death orders of the king.

The actions of Pharaoh's daughter are guided by basic humanity. The princess sees a baby crying, and she feels compassion. She knows immediately that he must be a Hebrew baby – she says so out loud – yet she reaches out to draw him from the water. The most primal human response – feeling for a crying baby – drives her actions. She is the antithesis of her father, the ruler of Egypt, who operates with absolute inhumanity.

That much is in the text of the Torah. The sages of the Talmud, highlighting certain themes in these stories, go even further in describing the special, life-affirming qualities of the Exodus women, spinning a great deal of *midrash* about them. In one set of stories, they tell us that the enslaved men were so beaten down both physically and psychologically that they could not engage in normal family life. The women had to act.

They came to the men in the fields, fed them special foods, and flirted playfully with them, lifting their spirits, seducing them and thus continuing to create more babies. In one version of this *midrash*, this activity occurs in apple orchards, and the Talmud cites this as one reason for eating apple-based *charoset* at the *Seder*, to recall those righteous women.

These righteous women are not only resourceful baby-makers. Their actions are life-affirming and nurturing in a time of dark despair. The stories of our sages describe how the women



help preserve the people's humanity and their potential for joy and pleasure, thus transforming their spirit. Thus, said our rabbis, it was because of the women that the Israelites were able to merit redemption.

Still, we may wonder why the Torah includes this pre-story of women to introduce the Gods and Kings spectacle. Why all these female heroes, in a story about showdowns between men? What is the significance of Moshe, God's chosen leader, emerging from such beginnings?

Biblical scholar Dr Tikva Frimmer Kensky z"l theorized that these female characters are not here to make a statement about gender. Rather, they come to teach us something about power. The women, she asserts, represent the weak and marginalized members of society. Some are slaves, but all of them, even Pharaoh's daughter, lack political power. Yet these women prevail. Their ability to save and sustain life, including Moshe's life, may be the Torah's way of showing how power can manifest in different ways. The seemingly powerless – be they slaves, or any oppressed minority – can in fact have great strength.

Think about it: From the start, the mighty Pharaoh sets out on the road to defeat because his definition of power is so **narrow**. He thinks of power as being all about military strength, physical dominance and authoritarian bluster. He fears that the Israelite men might join with an enemy army – hence his decree against male babies. Other kinds of strength are not even on his radar, most strikingly the potential strength of women. When he decrees that the male babies be killed, Pharaoh explicitly orders – "kill the sons, and let the daughters live." He cannot imagine "daughters" as a threat. So the Torah gives us a delicious irony: it is a **daughter** from the house of Levi, **Bat Levi**, and **her** daughter, Miriam, together with Pharaoh's very own **daughter**, who save Moshe, future redeemer of the people. It is precisely **daughters** who set the stage for the downfall of Pharaoh!

Continued on page 7



What Makes Ohav's Nursery School Program Great

By Sheryl Welton, Director

It's that time of year again where parents are searching for the perfect preschool program for their 1, 2, 3 or 4-year-old child. When looking at various preschool programs, it is important to look at a variety of aspects of the program before determining whether it is the correct environment for your child. Included in this article is an abbreviated version of the checklist which was created by the Capital District Child Care Coordinating Council as a tool for choosing a childcare program.

First Impressions

- Child care programs should be licensed or registered
- Parents should be encouraged to visit the program at any time
- Caregivers should appear to be enjoying working with the children
- You should hear happy sounds
- Ask yourself if you would feel good leaving your child in the program

Caregivers/Teachers

- Does the caregiver have experience working with young children and a background in early childhood education?
- Does the caregiver receive ongoing professional training in childhood development, CPR, first aid etc.?
- Does the caregiver get down to the level of the children?
- Do the children receive individual attention and answers to their questions in meaningful ways?
- Does the caregiver help the children feel good about themselves and teach them to be considerate of others?

The majority of our teachers are First Aid/CPR certified or in the process, and participate in at least 20 hours of training each year. In addition, five of us are MAT certified, which means we are able to administer medication if needed. We pride ourselves on our interactions with the children in our care. Since we are a small cozy preschool, our goal is to form a lasting relationship with every child in our care. The teachers work hard to become an extension of the child's home which makes the transition from home to school easier.

Activities and Equipment

- Are activities balanced between vigorous outdoor play and quiet indoor activities?
- Are the children given the opportunity to choose activities of interest to them?
- Are there adequate hands-on materials such as sand, clay, water and paint to stimulate creativity?
- Is there a variety of puzzles, building toys, and other small manipulatives

Each of our classrooms is equipped with a variety of hands-on play opportunities for the children. We begin every morning with a stimulating activity such as play dough, goop or a free art project during free play which helps to get the children into the rhythm of school, and make the transition from home to school. All of our classes participate in some type of gross motor activity including a variety of options such as outdoor play, time in the gross motor room or indoor and outdoor bike riding. We work hard to let the children help us to set the pace for the day. If the children are full of energy, we will offer more active activities. On a quieter day, we will bring out more craft activities and quiet stories, puzzles and games.

Program

- Does the caregiver seem happy to meet your child?
- Will parents be provided with regular information about their child's activities and progress?
- Does the caregiver respect families from varying cultures and backgrounds?

While Ohav Shalom Nursery School is a Jewish preschool program, we welcome children of all different faiths and backgrounds. We feel strongly that our children, our teachers and our school grow and learn from all different types of people, and we work hard to meet the individual needs of each family in our program. We are also committed to being partners in education with each child and parent. Our doors are always open and we encourage parents to be active participants in their child's school experience.

Ohav Shalom Nursery School offers a preschool program and an 8-week summer camp for children ages 18 months - 4 years. We also offer an extended day program which begins at 7:30 daily and ends at 5:30 pm. For more information about any of our programs, please contact Sheryl at 489-4894. We would love to show you our school and to make you and your child a part of the Ohav Shalom family. ✽

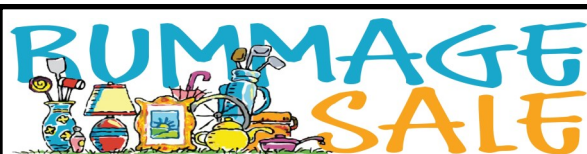


Fall School Registration

starts March 6
(Ohav Members receive 25% off tuition)

Summer camp:

Monday, June 24 to Friday, August 18



Sunday, March 26 from 8:30-1 pm

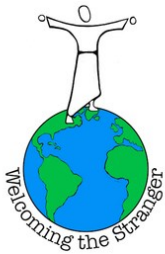
Early sale: 8 am-8:30 am | \$5 admission

Donations Wanted: We need housewares, children's and adult clothes (new or like new); coats on hangars, CDs, books, sporting equipment) Drop Off Schedule:

Monday, March 20: 9 - 4 | Tues, March 21: 9 - 4

Wed, March 22: 9 - 4 | Thurs, March 23: 9 - 7

Fri, March 24: 9 - 2



Mentoring Refugees Offers Many Rewards

By Karen Lipson

For the past year, I have had the privilege of working with Terry Tyson, Dorah Rosenzweig, and several other congregants to help a refugee family adjust to life in the United States. We have greatly appreciated the support of the congregation in setting up their apartment and purchasing school supplies.

I've encountered many questions over the past year from the family – some easy and some unanswerable. Why do we turn the clocks back? Why do the schools close when it snows? How do we know when school will open again? Are there dinosaurs in America? Some questions break my heart:

"Why do people not like Muslims, Karen?"

"I don't know. Maybe they are afraid of people who are different from themselves."

"I think there is one God, and we are all God's children."

Some questions give me hope:

"Why do you help us?"

"I help you because my grandfather came to this country alone when he was 14, and people helped him. I help you because my grandmother's sisters tried to come to America, but could not get the necessary papers in time, and they were killed by the Nazis. I help you because my religion teaches us to love our neighbors and welcome strangers."

"I hope my children will help other newcomers when they grow up."

This family has become very dear to the mentors who are helping them. Helping them is not merely a charitable activity; it has enriched our lives immeasurably. We

watch with pride as the children gain proficiency in English, their smiles grow more relaxed, and their eyes lose their wariness. The family has delighted in trips to the carousel at the State Museum, apple picking at Indian Ladder Farms, and even the dentist. I know these children will grow up to be valued members of our community.

At a time when our nation seems deeply divided and fearful, mentoring our refugee family has highlighted the values and dreams we all share. It has also given us the opportunity to see first-hand the generosity and compassion of so many people in our community – from medical professionals; to teachers, guidance counselors, and school nurses; to the superintendent in their apartment building. And, it has enabled us, in a small way, to chip away at fear and prejudice and contribute to creating a caring community.

There are many challenges ahead for our family and other refugees, and we may need some additional volunteers. If you are interested in helping Ohav's adopted family, especially during the week, please contact Judy Avner. If you would like to volunteer with other immigrant families, please contact US Committee on Refugees and Immigrants (USCRI). ❧



GET UP AND GET ACTIVE ON MITZVAH DAY

Sunday, April 2 at 11:30 am at Beth Emeth

Congregations Beth Emeth (BE), Temple Israel (TI) and Ohav Shalom (OS) are holding a Community Mitzvah Day. Mitzvah Projects for every age include:

- Sorting and Packing Food (at Regional Food Bank, Latham)
- Cooking Dinner (at Ronald McDonald House, Albany)
- Baking (at Ronald McDonald House, Albany)
- Making Blankets for Mary's Corner (BE)
- Packing bag lunches for the homeless (BE)
- Preparing and Serving Lunch to Mitzvah Day Volunteers (TI & BE)
- Cooking meatballs for the Soup Kitchen (BE)
- Assembling and Delivering Passover Gift Bags (BE)
- Baking for City Mission (BE)
- Knitting for those in-need (BE)
- Gardening at Diane's Farm for the Soup Kitchen (BE)
- Assembling Birthday Party Boxes for families in-need (BE)
- Creating Arts & Crafts Kits for patients in Albany Med's Children's Hospital (BE)
- Organizing an afternoon of fun for homeless families (at Schuyler Inn in Colonie)
- Packing Welcome Bags for homeless and at-risk teens (BE)
- Making Fleece Balls for teen parents to play with their babies (BE)
- Assembling Support and Award Ribbons for To Life! (breast cancer education) and Alliance for Positive Health (HIV and Health information) (BE)
- Cleaning up at Beth Emeth's Cemetery or Cemetery Chapel

Registration deadline - March 26

Look for registration and project information online or pick up a flyer at Ohav.

Rabbi's Message Continued from page 5

Political leaders, rulers and generals, gods and kings, certainly wield power and make history. It is our responsibility to exercise our strength as citizens to hold our leaders accountable and to influence those in power to do good.

The women of the Exodus remind us that in addition to our reactions to those with official power, we have other avenues of strength. Those who follow paths of loyalty and love, those who act with compassion, and in solidarity with others, are in fact very strong.

If those in power behave unjustly, resistance does not need to come through negativity and

It is our responsibility to exercise our strength as citizens to hold our leaders accountable and to influence those in power to do good.

hate or, God forbid, through violence. Strength emerges when we affirm life and our faith in love. Every one of us can make a difference in our corner of the world as we honor the "many kinds of strong." In the words of Reverend Martin Luther King, whom we also recall this week, "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." ❧

Safety and Security Committee Update Wednesday, March 22 at 7 pm

The Safety and Security Committee of Congregation Ohav Shalom has been actively pursuing steps to improve the safety and security of our congregants and staff, including physical improvements, new and revised protocols, and educational activities addressing how to react in various emergencies. Recent events, both national and local, have made us all aware of the need for an improved culture of awareness.

Toward this end, we are pleased to announce that Officer James Brooks of the Civilian Education Division of the Albany Police Department will be presenting "Civilian Response to an Active Shooter Event". This presentation is a joint effort of the Homeland Security Department, Anti-Terrorism Unit and Albany Police Department.

The CRASE curriculum and PowerPoint presentation with embedded video provides fundamental knowledge, awareness and life saving techniques to survive an active shooter event in a variety of settings by using the "avoid, deny, defend" method. The Ohav staff who attended last year's presentation were impressed with how informative and professional it was.

If you are interested in attending this special presentation at Congregation Ohav Shalom, please RSVP to Nancy at 489-4706, ext 10.

Further information about Safety and Security can be found on Ohav's website. ❧

Support Ohav by Becoming a Member of Project Nehemiah

For many years, some generous Ohav Shalom members have been participating quietly in a fund raising effort for the synagogue called Project Nehemiah. This program was named for the religious leader who, in the 5th century BCE, rebuilt the moral, spiritual, and physical infrastructure of the Jewish community in the land of Israel.

Project Nehemiah is a voluntary program of giving beyond standard annual congregational dues. Since dues do not fully provide the funds necessary to sustain our synagogue on an annual basis, Project Nehemiah is a way to bridge that gap and ensure that the programs and services we count on continue to be available and of the highest quality. Funds from Project Nehemiah are also used to support membership for those who may require assistance due to their current financial circumstances, and many other needs of our soul and Ohav community. If you can, please consider joining the 22 families that are currently part of this critically important program.

Three levels of giving are available:

- *Tomeikh*: \$500 - \$749 above dues for one year
- *M'farnes*: \$750- \$999 above dues for two consecutive years
- *Shomer*: \$1,000 and more above dues for three consecutive years

Thank you. ❧



JCC Maccabi Games: August 6 - 11

The JCC Maccabi Games® is the largest Jewish youth event in the world. This summer, the Capital Region will welcome more than 700 visiting teens from across the globe who will compete in Olympic style competition. The games will also include 300 host families, 800 volunteers and 75 local teen athletes competing.

The JCC Maccabi Games began in 1982 with a big mission – to provide Jewish youth with a supportive environment that fosters mutual respect and sportsmanship, where they can interact in an atmosphere of fun, cultivate a deeper understanding of their Jewish identity, and be instilled with an appreciation of Jewish values.

This five-day athletic competition and community event will begin at the Times Union Center with Opening Ceremonies on **Sunday, August 6**. Over the course of the week, athletes from around the world will compete in sports. Each athlete will learn about *Rachmanus* (compassion) during the competition, *Tikkun Olam* (Repairing the World) during the community action projects known as "JCC Cares", and *Amiut Yehudit* (Jewish Peoplehood) during unique experiences that strengthen their connection to each other, their communities, and Israel.

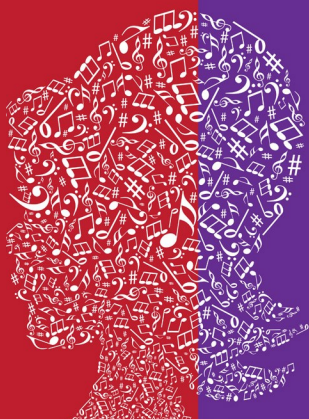
The Capital Region is proud to host the games for the first time! Our goal in hosting the JCC Maccabi Games is to bring our community together in an experience that transcends the Games. Together, we'll strengthen our entire Jewish community, empower our next generation of leaders and celebrate our values and traditions.

Whether as athlete, a host, a volunteer, or a donor – we need you to GET IN THE GAMES!

www.capitalregionjccmaccabi.org

Coming in June - Noodle Pudding Players "A Feminine Ending"

Michelle Ungerman Sanders brings "A Feminine Ending" by Sarah Treme to Ohav in June. This is a bittersweet play about dreams deferred, loves lost, and learning to trust a woman's voice in a man's world. The play runs Sun. 6/25 (3pm & 7pm) BBQ Dinner on 6/25 (RSVP req.) Mon. 6/26-Thurs. 6/29 at 7pm.



Help Ohav Upgrade Our Playground

A committee has formed to start planning for a fundraising campaign to raise money to replace and upgrade our playground in the near future. More information to come. Questions? Want to help? Ideas? Please contact Gregg Fox, treasurer@ohavshalom.com.



Seeking Volunteer Grant Writer(s)

We are looking for a dedicated, professional volunteer to assist us with researching and writing grants. This job can be done remotely or in our office. We are seeking someone who has experience with grant-writing or at the least is a good writer who is enthusiastic about writing grant proposals to community foundations, private foundations, corporations, and government programs to benefit our shul. If you or someone you know are interested, please call the office.



Excerpts from Presentations by Inclusion Project Members Presented on Shabbat February 4, 2017 in Observance of Jewish Disabilities Awareness Month

Bob Gumson: Let me start here by saying, “*Baruch atah Adonoi elohaynu melech Olam*, for continuing to give me a life filled with opportunity and joy living as a blind person. I am proud to be blind. Living with blindness has helped me to see. Living with obstacles to overcome teaches strategies to solve problems. Overcoming adversity can lead to great humility and strength of character.

What are the foundations to living well with a disability, in my case, living with blindness? I believe it starts with parents, family, friends, place, and attitude. My parents always taught me that blindness was just an inconvenience. They insisted that anything is possible for me. When my father and I explored my attending a Jewish summer sleepaway camp, the camp required a personal interview because they were very ambivalent about accepting me. The camp director laid out his concerns ranging from me fitting in, to lack of expertise with blindness by his staff to the ultimate and primary concern that I might fall and hurt myself. As each reservation was met with a rationale by my dad for how best to deal with it, the camp director finally shot out, “Well what if Bobby trips and falls.” I stood up from my armchair and blurted out, “I’ll get up!” I went to that camp and had the time of my life for three summers in my tween years.

My parents and friends always tried to figure out ways to include me. My dad coached my after-school softball team and made me wear a catcher’s mask when I pitched. My friends made me the official quarterback when we played two-hand-touch and then they would work out pattern plays so I could count out the time and throw to a specific spot on the field.

Blindness was always treated with good humor which helped me to become less self-conscious and more comfortable in my own skin. My friends would see me coming down the street tapping my cane and call out, “Here comes Bob fighting windmills!”

My extended family always expected me to do whatever anyone else did. I was expected to work, to go to college, to have a family and to get where I needed to go. It was those kind of expectations that led me to have a big family and my 40-plus year rewarding career in disability rights and rehabilitation. It has also allowed me to get to 37 states and 11 foreign countries not counting about 20 Caribbean islands.

I have many heroes in my life, most are musicians and writers. But two heroes stand out. Helen Keller and Jacobus Tembroeck. Everyone knows about Helen Keller but Jacobus Tembroeck was the founder of the National Federation of the Blind in the 1940’s who was a blind judge and university law professor in California. His philosophy has become the hallmark of the modern disability rights movement with an emphasis on self-determination and making informed choices about how to live, and with whom to live as people with disabilities. Inclusion is never complete. It’s a work in progress. The best definition I’ve heard is that it is the actions taken when someone is comfortable enough in their own shoes to be with someone else who is different.

Cynthia Schips: I lived at the Ohav Shalom Apartments from 2003 until 2015. I loved it there, because it was familiar and friendly. I had an adult Bat Mitzvah at Ohav. I still stay in touch with some people who live at the apartments.

I left the apartments in 2016 because I fell quite a bit, and wound up in Daughters of Sarah for rehab. After learning to use a walker, I moved to Cohoes.

My apartment is nice and big and I share it with someone else. I can also get help 24/7 if I need it. The Jewish Federation provides transportation on Saturdays so I can attend *shul*. Hopefully, I will be able to volunteer again during the week and straighten out the tallit in the closet and the books in the sanctuary.

At Ohav, I am part of the Inclusion Committee. I am working on getting transportation with staff from my apartment. It was easier when I lived at the Ohav Shalom Apartments because it was in walking distance.

Now I live farther away. Presently, I like to read, especially Danielle Steele books. At Daughters of Sarah I started liking puzzles and now I do puzzles on my iPad. I like to watch ice-skating on TV. Sometimes in the winter, I go to the ice show downtown at the arena. I also enjoy traveling and being with my family. I really love going to see my dad at his home in Scotia once a month.

Melanie Hecker: From as early as I can remember, I’ve always known there was something different about me. I had issues with social interaction and difficulties with sensory overload. When I was about nine or ten, my parents told me what this difference is called: autism.

Some of my earliest memories come from Ohav Shalom Nursery School, where many of my autistic traits first started showing up. When it was circle time, I would always have my back to the circle to block out the stimulation. I also had no sense of fear and would run out to the parking lot in the way of cars. Eventually, the nursery school staff told my parents I could no longer continue there because they were not able to support my disability. I am very happy to hear now that the nursery school is accepting disabled children with open arms.

My Jewish education continued with Hebrew school. There, my social difficulties and anxieties came into play. I sometimes had trouble interacting with my classmates. Thankfully, I had two cousins in the class who were always willing to help. The education itself also posed challenges. Autistic people tend to have slower thought processes as well as audio and visual delays. It doesn’t make us any less intelligent, but it means we operate slower. I often had to be pulled out for special lessons to accommodate my learning style. The Hebrew school also had to hire a special education teacher. One quirk of the special Hebrew lessons was that the teacher had a thick South African accent and, as a result, myself and the other three students she taught speak Hebrew with a South African accent. When I was in Hebrew School I was the only student with disabilities, which very much singled me out. I am always happy to hear about the Hebrew school taking in more students with disabilities.

Continued next page



Feeding the Hungry: It's Not Just for Yom Kippur

Hunger is an ongoing concern in our area. Each of us can make a difference.

On your way into Ohav (except on Shabbat or *Yom Tov*) drop off a non-perishable food item in the blue bin in the Hebrew School lobby. The contributions in the bin are delivered to the Regional Food Bank monthly.

Through this simple act, you'll be helping people right here in your community! Thanks!



Food for Thought

Nourish your soul by volunteering at the Regional Food Bank of Northeastern New York, 965 Albany-Shaker Rd., Latham to help sort and re-pack food and other essential products for the needy in our community. Join others, singles, couples and families for this Ohav Social Action Committee project. Our next volunteer dates are Sunday **3/19, 4/23**

and **5/21 from 1-3 pm**. No experience is necessary. Please contact Sharon Berko at 446-0476 or sharonleeberko@yahoo.com for more information.

Inclusion... Continued from previous page

My Bat Mitzvah was very different from my peers' due to my issues with sensory overload. It had fewer people, a band instead of a DJ, and a low-key atmosphere. For my portion, *Bamidbar*, I was able to tie in my other disability: my mental health. My Bat Mitzvah was delayed a year due to my mental health issues. In *Bamidbar*, it is described how the Jews wandered in the desert for 40 years and the Torah was their reward. I made the analogy in me being in my own personal desert of my mental health, and my becoming a Bat Mitzvah was my reward. I keep this speech in my *tallis* bag to this day.

As an adult, I have done a great deal of work to advance disability rights. My primary channel for my work is my part-time job at YOUTH POWER!, New York's statewide network of young people with disabilities and experience in state systems. I also serve on the New York State Independent Living Council youth subcommittee and have interned at Independent Living Center of the Hudson Valley. God puts everyone on this planet for a reason, and I am convinced that my reason was so I could be a champion for the rights of people like me. ❧



Like to Cook? Want to Join Us?

Yad Yonatan:

Cook with friends in the Ohav kitchen to maintain our supply of meals for those who are bereaved or facing illness or other crisis. Or volunteer to deliver a meal, along with comfort and good cheer.

Contact Lynne Shatsoff at 439-4822, Ishatsoff@gmail.com or Sandy Cohen at 569-1108 or sandco1947@gmail.com.

Kiddishe Mamas and Papas:

Enjoy baking, schmoozing and learning in the Ohav kitchen, as we bake goodies for *Shabbat Kiddush*. Contact Laurie Abelson at laurie33154@gmail.com.

Nurturing the New Mom and Dad:

Support a new parent by preparing and/or delivering them a meal. Contact Julie Pollack at 437-1150 or bpollack@ycap.rr.com.

Cooking for a Cause

Once a month we cook a delicious and nutritious meal for the residents of the Interfaith Partnership for the Homeless, a homeless shelter in downtown Albany. We prepare the dinner and cook at the shelter which provides us with the wonderful opportunity to interact with the staff and residents. Please contact Leona Kassoff 478-9662 if you are interested in joining our cooking crew.



Pictured from the left:
Naomi Cohen, Jory Kassoff, Sean Ference, Janet Holop-Kaufman, Lillian Cohen, Leona Kassoff, Carolyn Halle, Barbara Dworkin, and Henda Strasser.

**B'Yachad Fund****In honor of:**

The marriage of Sarah Farber to Moshe Toledano from Judy Toledano & Family

In memory of:

Ida Pollack from Saul and Ellen Kattleman

Capital Campaign**In honor of:**

- Andrea Greenberg's engagement to Richard Li from Daniel and Terry Tyson
- Rob and Dorothy Ganz on the birth of their grandson Micah from Daniel and Terry Tyson
- Zvi and Beth Klopott on the birth of their grandson Amichai Eliezer from Daniel and Terry Tyson
- The birth of Micah Rashi Horwitz, grandson of Rob & Dorothy Ganz from Ira and Sheila Lobel
- The engagement of Andrea Greenberg to Richard Li from Ira and Sheila Lobel

Capital Campaign**In memory of:**

- Ida Pollack from Daniel and Terry Tyson
- Jacob Serotta from Dorothy and Rob Ganz, Pauline and Ron Brociner
- Jack Stern from Daniel and Terry Tyson
- Elsie Helfman from Joel and Julia Helfman
- Hyman Laks from Eugene and Cynthia Laks
- Irene Tyson from Daniel and Terry Tyson
- Reva Lobel from Ira and Sheila Lobel
- N. David Lobel from Ira and Sheila Lobel

General Scholarship Fund**In memory of:**

- Leonard Stokes, Jr. from Gregg and Jen Fox
- Mary Stokes from Gregg and Jen Fox

Goldstein-Goldhar Fund**In memory of:**

- Anne Fass from Linda and Sam Candib

HHD College Outreach**In memory of:**

- Marvin Balick from Sidney and Selena Balick
- Rose Guberman from Audrey Sheingold

Kahn Fund**In memory of:**

- Ida Lena Kohn from Bernard and Tema Isser
- Shirley Basch from Eunice Golderman

Krantman Fund**In memory of:**

- Sarah Klopott from Zvi and R. Beth Klopott
- Roslyn Maurer from Zvi and R. Beth Klopott
- Howard Krantman from David and Joan Cohen
- Eliezer Klopott from Zvi and R. Beth Klopott
- Meyer "Red" Cohen from David and Joan Cohen
- Fay Krantman from David and Joan Cohen

Library Fund**In memory of:**

- Sarah Bloom from Barry and Sara Lerner
- Abraham Lerner from Barry and Sara Lerner
- Solomon Shapiro from Philip Shapiro

Donations support the present and future of Ohav Shalom. They provide our congregation and members of the community an opportunity to honor or memorialize a loved one or friend. All contributions are acknowledged in the DASH and to individuals and family members. The following contributions are acknowledged as received from November 1, 2016 – January 31, 2017.

Marian Cohen Kiddush Fund**In honor of:**

- David and Jackie's wedding from Saul and Ellen Kattleman
- The birth of Zvi and Beth Klopott's grandson from Saul and Ellen Kattleman

In memory of:

- Marian Cohen from Leonard Cohen
- Frances Avner from Steve Eckert and Judy Avner
- Len Ernst from Steve Eckert and Judy Avner
- Michael Helfner from Walter and Roberta Greenberg
- Helen Applebaum from Stuart and Marlene Ellen Erner
- Gussie Serotta from Dorothy & Rob Ganz, and Pauline & Ron Brociner
- Lillian Posner from Albert Posner
- Martin Bernstein from Jeffrey Bernstein and Sue Swartz

Marian Cohen Kitchen Fund**In honor of:**

- David Levine with thanks from Sherrie and Lee Jacobs

In memory of:

- Marian Cohen from Leonard Cohen

Michael Banner Fund**In memory of:**

- Louis Gewirtzman from Steven and Lois Lewis
- Laure Weissman's father from Howard and Gail Banner
- Michael David Banner from Howard and Gail Banner
- Cynthia Goldberg from Howard and Gail Banner
- Esther Silverstein from Howard and Gail Banner

Mozer Kiddush Fund**In honor of:**

- The Mozer Family for their hospitality from Alan and Margery Zucker

In memory of:

- Ida Pollack from Alan and Margery Zucker

Nursery School Fund**In memory of:**

- Lester Golderman from Gerald and Judith Berger
- Rita Berger from The Berger Family
- Alma Smiler from Pam Smiler
- Rena Rinde from Stuart and Marlene Ellen Erner
- Violet Olivia Feldman from Hal and Judy Tanzman
- Claire Mason from The Berger Family
- Deborah Potts from Richard and Sandy Lipman
- Deborah Potts from Brad and Marla Gornstein

- Deborah Potts from Sherly Welton
- Deborah Potts from Guilderland HS Staff
- Deborah Potts from GCHS Faculty Association

Prayer Book Fund**In memory of:**

- Henry Erner from Stuart and Marlene Ellen Erner
- Morton Goldberg from Phyllis Ross

Rabbi Daniel Ornstein Discretionary Fund**In honor of:**

- Ed Jacobs' Hattan Torah honor from Saul and Ellen Kattleman
- Beverly Cohen-Champagne's granddaughter Rozel Marti Feffufino-Benno from Zvi and R. Beth Klopott
- Rabbi Dan from Steven and Lisa Gally
- Rabbi Dan Ornstein from Louis Rappaport
- Rabbi Dan for his support during Lester's illness and death from The Golderman Family
- Rabbi Dan with appreciation for all he did for us from Richard and Sandy Lipman
- Rabbi Dan with appreciation from Howard Fromer
- Rabbi Ornstein with appreciation from Steve Huz and Sharon Flom
- Rabbi Dan Ornstein and Ohav Shalom from Susan and Daniel Silverman
- Rabbi Dan Ornstein from Michele O'Neal
- Rabbi Dan Ornstein from the Zimmer Family
- Rabbi Dan from Peter Henner

In memory of:

- Beatrice Lewis from Steven and Lois Lewis
- Abraham Gilboord from Louis and Linda Gilboord
- Ann Levine from Richard and Raylene Jacobs
- Lynda Cohen from Steve and Marilyn Gordon
- Murray Serotta from Dorothy & Rob Ganz, Pauline & Ron Brociner
- William Basen from Melvin Sovitsky
- Karl Piper from Neil and Shari Piper
- Melvin Siegel from Lorraine Siegel
- Kay Kaplan from Mort and Lynne Borzykowski
- Jacob Neifeld and Marion Shuman from Alfred and Rose Shuman
- Mary Rubtchinsky from Joe and Helene Brown
- Samuel Kohn from Bernard and Tema Isser
- Roberta Rosenblatt from Louis and Linda Gilboord
- Nathan Tanzman from Hal and Judy Tanzman
- Peter Henner from Nancy Lawson
- Miriam Kaufman from Edward and Laura Jacobs
- Ann Stanger from Jerry Stanger
- Simon Stanger from Jerry Stanger
- Miriam Kaufman from Harvey and Dorothy Patashnick
- Harvey Jacobs from Edward and Laura Jacobs

Donations, continued

- Leslie Cutler from Diane Sasscer
- Melvin Rinde from Stuart and Marlene Ellen Erner
- Ellen Price Samel from Marshall and Vivian Price
- Jenny Weiner from Marshall and Vivian Price
- Harry Lowy from Marshall and Vivian Price

Rabbi Rena Kieval Discretionary Fund In honor of:

- Cantor Terry Horowitz's Kallat Breisheet honor from Saul and Ellen Kattleman
- Rob and Dorothy Ganz on the birth of their grandson Micah from Jeff and Jeanette Perkins
- Zvi and Beth Klopott on the birth of their grandson Amichai from Jeff and Jeanette Perkins
- Rabbi Rena from Steven and Lisa Gally
- Rabbi Rena in appreciation for her sympathy and kindness from Larry Altshul
- Rabbi Rena with thanks for her guidance and support during the loss of our mother from Sandy Lipman and Jerry Mirochnik
- Rabbi Rena Kieval from Louis Rappaport
- Rabbi Rena in appreciation for her kindness and sympathy from William and Kathy Golderman
- Rabbi Kieval with appreciation from Steve Huz and Sharon Flom
- Rabbi Rena Kieval with appreciation from Susan Ungerman
- Rabbi Rena Kieval in appreciation for Sarah's wedding from Martha Farber
- Rabbi Rena with appreciation for all she did for us from Richard and Sandy Lipman
- Rabbi Rena Kieval from Michele O'Neal

In memory of:

- Edward Lewis from Steven and Lois Lewis
- Harry Ikler from Louis and Linda Gilboord
- Sophie Silberman from William and Muriel Marin
- Dora Marin from William and Muriel Marin
- Clara Silverman from Steve and Marilyn Gordon
- Ida Pollack from Jeff and Jeanette Perkins
- Frank Diamond from David and Lois Diamond
- Harriet Bartfield from Joel and Andrea Bartfield
- Anita Benjamin and Herman J. Rosenthal from Joe and Helene Brown
- Marilyn Berko from Roberta Berko
- Kenneth Rabineau from Louis and Linda Gilboord
- Grace Rosenblum from Charles and Suzanne Rosenblum
- William Wasserman from Addie Glazier
- Anita Rosenblum from David and Nancy Rosenblum
- Morris Eson from Jud Eson
- Harvey Coblentz from Joel and Andrea Bartfield
- Milton Cohn from Arthur and Susan Cohn

Schreiber Fund In memory of:

- Joe Wexler from Gilda Schuman
- Morris Silber from Edward and Barbara Schreiber

Sussman-Sherer Social Action Fund In memory of:

- Marilyn Berko from Sharon Berko

Synagogue Fund In honor of:

- Makki Gally's 9th birthday from Steven and Lisa Gally
- Congregation Ohav Shalom from Helen Beer
- Beverly Cohen-Champagne's granddaughter, Rozel Marti Ferrufino-Benno from Judy Avner
- Joel and Andrea Bartfield's grandson, Asher Harrison (Shimon) Bartfield from Judy Avner
- Ira and Sheila Lobel's new granddaughter, Lily Malka Bentov from Judy Avner
- Sandy Cohen's birthday and her good works from Alan and Margery Zucker
- Rob and Dorothy Ganz' grandson, Micah Rashi from Eugene and Cynthia Laks

In memory of:

- William Spiro from Joel Spiro
- Morry Natal's birthday from Steven and Lisa Gally
- Ida Pollack from Arnold and Martha Proskin
- Ida Pollack from Irwin and Sybil Grace
- Ida Pollack from Pearl Weisinger and Joseph Braun
- Leonard Wacholder from Avy Wacholder
- Stanley Kivort from Josie Kivort
- Betty Spiro from Joel Spiro
- Seymour Miller from Norm and Maxine Brodsky
- Pearl Dudick from Norm and Maxine Brodsky
- Yetta Mirochnik from Alan and Margery Zucker
- Yetta Mirochnik from Judy Avner
- Toby Ellen Robbins from Judy Avner

Tabachneck Fund In memory of:

- William Pollack from Avrum and Rosemary Tabachneck
- Samuel Tabachneck from Avrum and Rosemary Tabachneck
- Ethel Tabachneck from Michael Horelick
- Ethel Tabachneck from Harris and Peppy Sanders
- Ethel Tabachneck from Judy Avner
- Ethel Tabachneck from Carol and Leon Aronowitz

Torah Writing Campaign In honor of:

- Eleeza's Bat Mitzvah from Leah Schwebel Gaies

Yad Yonatan Fund

- With appreciation for all they did for us from Richard and Sandy Lipman

Yad Yonatan Fund In memory of:

- Karen Weisskirsch's son Todd from Norm and Maxine Brodsky
- Philip Lipman from Richard and Sandy Lipman
- Bernard Garfinkel from Miles Garfinkel and Evelyn Loeb
- Morris Mirochnik from Richard and Sandy Lipman
- Seymour Miller from Karl and Barbara Brodsky
- Harry Glazier from Addie Glazier
- Ray DeSimone from Beverly Cohen-Champagne and Robert Champagne
- Pearl Dudick from Karl and Barbara Brodsky
- Ida Pollack from Roberta & Mikaela Berko
- Adele Chick from Marilyn Sternklar
- Nathan Stein from Barbara Stein
- Our beloved David from Stanley and Amy Solomon
- Carolyn Peretz from Beverly Cohen-Champagne and Robert Champagne
- Klaus Burg from Anitta Burg

Thank You



Ohav announces the following family celebrations:

- Joel and Andrea Bartfield welcomed their grandson, Asher Harrison (Shimon) Bartfield, born to parents Jacob and Stephanie Bartfield.
- Ira and Sheila Lobel welcomed their granddaughter, Lily Malka Bentov, born to parents Becca & Noam and big brother, Eitan.
- Jake Fromer, son of Howard and Elaine (Z"l) Fromer was engaged to Soo Choi.

Condolences:

- To Jill, Howard, Samson, Shore and Elijah Goldberg and family upon the death of Jill's mother, Toby Ellen Robbins
- To Sandy and Rich Lipman and to Jerry and Sherry Mirochnik and their families upon the death of Sandy and Jerry's mother, Yetta Mirochnik
- To Avrum and Rosemary Tabachneck upon the death of Avrum's mother, our long time congregant, Ethel Tabachneck



March 1/3 Adar
Joseph Goldberg

March 2/4 Adar
Lena Kohn

March 3/5 Adar
Nissim Back
William Fox
Mary Lacatta
Robert Levine

March 4/6 Adar
Sadye Herschkowitz
Albert Katzer
Ellen Snyder

March 5/7 Adar
Clara Laks

March 6/8 Adar
Frances Kohn
George Nissensohn
Celia Skodnek
Anna Tutshen

March 7/9 Adar
George Levine
Jesse Sidney Rose
Ari Weitzman

March 8/10 Adar
Mollie Bayda
Martin Eglow
Anne Fass
Morris Silverstein
Zachary Sobol

March 9/11 Adar
Barbara Alperin
Esther Greenberg
Israel Guberman
Herman Ikler
Abraham Katz
Paula Pollack

March 10/12 Adar
William Rosenblum
Hyman Nordwind

March 11/13 Adar
Albert Carlick
Barbara Nordwind

March 12/14 Adar
Morris Berger
Morris Birman
David Gersten
Eleanor Gordon
Martha Green
Marian Gulack
Sara Pollack
Ruth Rosenblum
Walter Zenner

March 14/16 Adar
Jerry Diamond
Ruth Donay
Marcia Gilboord
Jacqueline Obstgarten
Henry Weiner
Hertha Zenner

March 15/17 Adar
Renee Goldstein
Howard Kahn
Milton Lyon
Walter Sturm
Rhala Yates

March 16/18 Adar
Dora Goldberg
Leo Kaslovsky
Robert Langner
Sandra Wulf

March 17/19 Adar
Sydney Seblowitz

March 18/20 Adar
Frances Cohen
Rita Lerman
Hy Rosen
Mildred Weissman

March 19/22 Adar
Mildred Moskowitz

March 20/22 Adar
Blanche Erdman
Palomba Farchy
Irwin Galinkin
Louis Kline
Solomon Levine
Helen Lipton
Neal Roberts
Sylvia Scher
Edward Schupack
Morris Simonovitz
Betty Hornick
Weintraub
Carole Zackowitz

March 21/23 Adar
Helen Israel
Harry Shair

March 23/25 Adar
Gladys Goldman
Rose Shayne

March 24/26 Adar
Bernard Alder
David Goldstein
Stanley Gumson
Samuel Hersh
Jerome Kessler
Foster Moulton

March 25/27 Adar
Harvey Kaufman
Rosalie Sovitsky

March 26/28 Adar
Alix Herbach
Francis Pillsbury
Emanuel Rothenberg
Arnold Silverstein

March 28/1 Nisan
Bernard Ellenbogen
Mary Ellenbogen
Harry Tutshen
Lili Weisz

March 29/2 Nisan
Isidore Chick

March 30/3 Nisan
Ida Butler

March 31/4 Nisan
Anna Adler
Sylvia Fass
Joseph Helpen
Florence Rappaport
William Weitzman

April 2/6 Nisan
Frederick Rubtchinsky
Arlene Winter

April 3/7 Nisan
Frieda Ikler
Shoshana Weiss
Grossman

April 4/8 Nisan
Daniel Eckhaus
Lillian Rabinoff
Nancy Raphael
Jeanette Troeger

April 5/9 Nisan
David Abbott
Ethel Jacobson

April 7/11 Nisan
Estelle Eckhaus
Adolph Fossner

April 8/12 Nisan
Michael Azif
Guillermo Nirenberg
Lester Rappaport
Robert Rosenthal
Howard Yood

April 9/13 Nisan
Sarah Silverstein

April 10/14 Nisan
Carolyn Cohen
Viola Rosen

April 11/15 Nisan
Harold Bromberg
Harvey Lozman

April 12/16 Nisan
Theodore Fox

April 13/17 Nisan
Donald Lewanda
Gussie Pross
Frances Sugerman
Ronald Weisberg

April 14/18 Nisan
Debra Goldsmith
Isabel Schriber
Woodrow Weissman

April 15/19 Nisan
Walter Loeb

April 16/20 Nisan
Sarah Krancnblum
Mark Levy

April 17/21 Nisan
Phil Sloan

April 18/22 Nisan
Harriet Goldberg
Aaron Hecht
Frances Levy
Lillian Silverstein

April 19/23 Nisan
Martha Cohen
Eleanor Lax

April 21/25 Nisan
Samuel Wasserman

April 22/26 Nisan
Gerald Cohen
Elaine Englander

April 23/27 Nisan
Herbert Cohen
Charles Goldberg
Gerald Levine
Ida Meislin
Leonard Messer
Morry Natal

April 24/28 Nisan
Victoria Gambitsky
Yakov Malkiel
Abraham Toback

April 26/30 Nisan
Rabbi Hayyim Kieval

April 27/1 Iyar
Hyman Bockstein
Betty Mendelsohn
Herman Schneider

April 28/2 Iyar
Julian Gulack

April 29/3 Iyar
Ernest Friedlander
Herman Green
Ilana Newman

April 30/4 Iyar
Edward Arthur Cole

May 1/5 Iyar
Nathan Erlbaum

May 2/6 Iyar
Esther Green
Ruth Kunath
Herb Levin

May 3/7 Iyar
Harry Tyson

May 4/8 Iyar
Jay Fischer
Jacob Glaser
Clara Herbach
Berta Katz
Max Matelson
Fay Sovitsky
Adele Yanowski

May 5/9 Iyar
Robert Ainspan
Rose Greenblatt
Solomon Saleem
Morton Schips
Doris Weiler

May 6/10 Iyar
Ellen Rappaport

May 7/11 Iyar
Irving Louis Diamond

May 8/12 Iyar
Mabel Ference
Martin Gally
Joseph Motto
Abraham Rosenblum
Alfred Schlossberg

May 9/13 Iyar
Risa Kassoff
Mona Rensenshein
Delia
Morris Rosenthal

May 10/14 Iyar
Henry Kay

May 11/15 Iyar
Rose Fishman
Sandy Karpen
Max Straussman

May 12/16 Iyar
Shirley Rosenbaum
Stanley Weiler

May 13/17 Iyar
Leonard Bock
Samuel Grode
Joan Halle
Edythe Jussim
Myra Susan Kay
Esther Weinberger
Eugene Yates

May 14/18 Iyar
Sarah Stulberg

May 15/19 Iyar
Julius Zorn

May 16/20 Iyar
Lawrence Halpin
Helen Zorn

May 17/21 Iyar
Phil Barnett
Avram Krel

May 18/22 Iyar
George Holop
Harry Wermus

May 19/23 Iyar
Regina Lepselter
Shepard Magdison
Jeffrey Scott Orris

May 20/24 Iyar
Henry Bernstein
Robert Clarke
Eleanore S. Rose

May 21/25 Iyar
Gabrielle Lefavre

May 22/26 Iyar
Maurice Stemerman

May 23/27 Iyar
Zali Simonovitz

May 24/28 Iyar
Albert Chick
Harry Orris

May 25/29 Iyar
Sidney Perkins

May 26/1 Sivan
Harold Goodman
Bessie Pfeffer
Nathan Suckman

May 27/2 Sivan
Jay Caplan

May 28/3 Siva
Harry Simon

May 29/4 Sivan
Moe Cohen
Geraldine Saltzer

May 30/5 Sivan
Joseph Byer
Shelley Endelson
Goldie Simon
Maurice Simon

May 31/6 Sivan
Isadore Galiltz
Ernest Rosenbaum
Dorothea Schips
Samuel Teitelman

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Help Wanted:

Ohav is a busy place. Come into the building at almost any time and something is going on. This is our Ohav community. But, we have a very small staff to support all our programs, projects and activities. We depend on, and we are so grateful for, the volunteers in our midst who help. Whether it's an hour occasionally, or being the point person coordinating a program, without your help, Ohav would lose some of our vibrancy.

There is something for everyone. So think:

- Can you spare an hour or two weekly to help in the office?
- Do you enjoy meeting and schmoozing with people. Perhaps you might like to greet people when they come for Shabbat services?
- Like to cook? How about helping cook for a Shabbat dinner? Bake for a Kiddush?
- Do you love retail? Maybe you could help out on a Sunday morning or Wednesday afternoon in our gift shop.
- Perhaps you may want to get involved in one or more of our social action projects.
- Are you a teacher - in reality or in spirit? Would you like to help coordinate or teach an educational program?
- Interested in learning to lead services, chant Torah or give a D'var Torah? We can make it happen for you!

These are just some of the ways you can be involved. It all makes a difference. Please email nancy@ohavshalom.com to let her know how you'd like to be more involved. ❀

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Project 5

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Ohav Shalom's

“Bridging the Generations” גישור הדורות Planned Giving Program

A famous Jewish parable tells of an old man planting a fruit-bearing tree. When asked why he planted the tree at such an old age since he would clearly not live long enough to see its fruit, he answered, “I have enjoyed the fruits of trees others have planted for me. So, I too plant for those who will follow.”

Judaism has taught us that each life is part of a chain of community and continuity. Ohav Shalom marked its 100th Anniversary in 2011. We benefit today from the foresight, direction, commitment and legacy of those who extended their hand in the past. Thanks to our predecessors' *mitzvot*, Congregation Ohav Shalom has a beautiful home and has become the welcoming place it is. And, just as others built things so we would have and enjoy them, we are taking steps to ensure our *shul* will be here for future generations.

We hope that you will consider becoming a Charter Member of Ohav's Bridging the Generations - גישור הדורות Planned Giving Program. More details about the program will be announced soon. But more than the details is the promise that, thanks to your vision and dedication, as others have preserved and enhanced our heritage, so too will we preserve and enhance Ohav's inclusive and special Jewish way of life for those who come after us.

Questions? Want to participate? Contact Ed Jacobs at 518-439-6519. ✡