



The DASH | ד"ש | Congregation Ohav Shalom | אוהב שלום

A Conservative/Egalitarian Synagogue in Albany, New York

Spring 2019 | Adar 1-Iyar 5779

Volume 40, Number 4



Ohav Shalom Launches New Website/URL

Ohav's online presence has a new look in a new home, thanks to the efforts of Debbie Rausch, Judy Avner, and Nancy Pandolfo. The new site, www.ohavshalom.org, is a complete overhaul of the content, functionality and presentation of Ohav's dynamic programs and services.

With a fresh look and feel, the new site affords users the opportunity to navigate with ease through Ohav Shalom's extensive programs and services. Users longer need to hunt around for information. Instead, pulldown menus provide simple navigation, or users can use the search menu to find what they're looking for. Delivering a fully responsive experience, the new website gives users a seamless transition from desktop to mobile browsing.

The new site enables users to do many things online that were previously not possible. For example, you can now make donations, check out and sign up for upcoming events, complete membership forms, learn about and plan lifecycle events, get your children involved religious education or events and so much more.

Working with Hirsch Fishman, who grew up at Ohav and is now Owner and Web Designer of Addicott Web, has yielded us a good-looking and easy-to-use website. While most of the website's functionality is complete, the Members Only and Gift Shop are still under construction. The Members Only section is ready for members to login, but is not complete. Eventually members will be able to view and pay their dues online. The Gift Shop will enable users to order items online for delivery to addresses within the United States or pick-up in the Ohav Shalom office.

New email addresses provides key contact information for staff and board members who are often sought out for information are provided.

Please check out the new site, and create your unique login on the Members Only page. Your feedback is welcome at webadmin@ohavshalom.org.

Taking Stock Now to Build the Best Future

Ohav is enjoying a time of strength and stability, which presents an ideal opportunity for us to examine our synagogue's past and present, and look into the future to understand, discuss potential challenges, and plan for our future.

To lead this important inquiry, President Judy Avner has convened **Project Atid** (Hebrew for future), bringing together a representative group of Ohav members including past presidents, board members and congregants representing different segments of the congregation. This initiative is co-chaired by our Past President Neil Davidoff and our current Board Secretary, Shari Piper. *See Project Atid, continued on page 6*



Join us for
Sip 'n' Sing
Coffee
House on
Saturday
evening,
March 30,
8:10 to 10:10 pm



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Dear Friends:

What a winter it has been! Extreme cold and snow reminded us all of the power of Mother Nature and God's force. I was fortunate to miss January here with an extended vacation in warmer weather. While there are many positives of being out of your regular routine for an extended period of time, one of the most powerful benefits is the time and space to really breathe and take stock of your life.

And so, as I reflected these past few weeks, I was reminded of all I have for which I am grateful. And, high on that list is all of you and our Ohav community. What a gift to know I am part of a warm and caring sacred community. While we might disagree of some matters, large and small, I am always touched by the deep respect and passion we have for each other and for Ohav. Truly a blessing and not to be taken for granted.

As always, Ohav is busy. Programs, *simchas*, and the newly designed website are just a few of the activities of the past few months. The Torah Corps Shabbat highlighted our emerging teen leaders. We continue to implement security improvements, ever mindful of the need to balance safety with sanctity, and make improvements to our building and grounds. Soon we will begin construction of a new playground, having raised the requisite funds earlier than expected.

We are in a time of strength and stability, which presents an ideal opportunity for us to examine Ohav's past and present, and to look into the future to understand and plan for potential challenges ahead. To lead this important inquiry, I have convened **Project Atid** (Hebrew for future), bringing together a representative group of Ohav members including past presidents, board members and congregants representing different segments of the congregation. This initiative is co-chaired by our Past President Neil Davidoff and our Secretary, Shari Piper.

The new website and Project *Atid* (see articles on the cover page) are just two of the many accomplishments we have achieved as we continue to build on our success as a synagogue. Thanks to everyone who gives in any way to our shul (see page 6). We need and appreciate your support!

Thanks, as always, for your ongoing feedback. It shows how much all of you care about Ohav!

I hope to see many of you at some of our upcoming programs during the next few months. The DASH is filled with activities, programs and classes. As always, please feel free to contact me with any concerns, suggestions or comments you may have, or to volunteer.



Be well and stay warm.

B'Shalom,
Judy

2018 - 2019

Judy Avner, *President*
Shari Piper, *Secretary*

Ed Jacobs, *First Vice President*
Gregg Fox, *Treasurer*

Andy Salem, *Second Vice President*
Libby Post, *Immediate Past President*

BOARD OF TRUSTEES

(listed by term ending)

2019:

Laurie Abelson, Janis Cohen, Larry Flesh,
Jean Kaback, Jeremy Kassel, Susan Ungerman

2020

Antoinette Deitcher, Wendy Kay Bates, Aaron Israel,
Sharon Lozman, Kathryn Sheingold, Margery Zucker

2021

Jane Ginsburg, Brad Gornstein, David Levine,
Debbie Rausch, Heather Rockwood, Jay Worona

Ex-Officio:

Marc Berlinsky, Housing President

Committee Chairs:

Endowment: Mort Borzykowski, Ira Lobel

Social Action: Antoinette Deitcher

Communications: Debbie Rausch

Religious Life: David Levine

Fundraising: Libby Post

Planned Giving: Ed Jacobs

Membership: Ed Jacobs, Janis Cohen

Cemetery: Jeff Cohen

Youth: Marci Galinkin

Scholarship: Sheila Lobel

B'Yachad (Hebrew School-Talmud Torah): Kathryn Sheingold

Lifelong Learning: Judith Avner, Shari Piper

House and Grounds: Sharon Lozman

Safety and Security: Ed Jacobs

Inclusion: Barbara Brodsky, Melanie Hecker

אהב שלום
OHAV
SHALOM
A Conservative/Egalitarian
Synagogue

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Albany, New York 12208
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E-mail
info@ohavshalom.com

Online
www.ohavshalom.com

B'Yachad Office
518-489-4706 X17

Nursery School Office
518-489-4894, ext. 11



Find us on Facebook
facebook.com/ohavshalomalbany

FOUNDED 1911

A Conservative/Egalitarian Synagogue
affiliated with The United Synagogue of
Conservative Judaism

Rabbi Daniel Ornstein

Rabbi Rena H. Kieval

Cantor Emeritus: Dan Chick z"l

President: Judy Avner

Synagogue Administrator: Nancy Pandolfo

Finance Coordinator: Patty Marcinkowski

B'Yachad Principal: Rabbi Miriam Lichtenfeld

Nursery School Director: Sheryl Welton

Administrative Assistant: Cecelia Soloviev

The DA'SH / ד"ש

DA'SH is a Hebrew acronym for
Derishat Shalom (Greetings of Peace)

Co-Editors: Debbie Rausch & Terry Tyson

DA'SH appears 4 times annually. Articles and
family news are welcome. Please send articles
to Nancy@ohavshalom.com. **Deadlines are firm.**

All submissions for the 2019/2020 DA'SH
are **due on the following Mondays:**

2019: May 13 (Summer), July 22 (Fall),
Nov 4 (Winter), **2020:** Jan 27 (Spring)

If you are interested in placing an ad in the

DA'SH, please contact Nancy at the
synagogue office, 518-489-4706 ext.10



The DASH is printed on partially recycled paper.

SERVICES

DAILY MINYAN

Warm, friendly, inclusive, egalitarian

- Sunday, 8:30 am
- Monday and Thursday, 6:45 am
- Tuesday, Wednesday and Friday, 7 am
- Federal Holidays, 8 am

Please check our website for holiday times.

FRIDAY EVENING SERVICE

- Kabbalat Shabbat, 6:30 pm in the
Ohav Shalom Chapel

SHABBAT MORNING SERVICE

- Services begin at 9 am
- Torah reading begins at
approximately 10 am
- Kiddush follows services

SHORASHIM

PRE-SCHOOL - KINDERGARTEN

- 11:30 am in the chapel, beginning
with the sanctuary Torah procession
at about 11:15 am

NOTE: See below for information about additional Shabbat monthly and youth services.

Shabbat Programs for Youth

Shorashim for Pre-schoolers - K: Weekly. Gather in
the main sanctuary at approximately 11 am for the
Torah procession, followed by a lively service in the
chapel. Led twice monthly by Bracha Louz, twice
monthly by one of the rabbis or a parent.

Kulanu Junior for Grades K - 5: (formerly Junior
Congregation) Monthly service including prayer, *parsha*
study and fun. Led by Bracha Louz.

Kulanu Extra for Grades 4 - 6: (formerly Teen Minyan) A special monthly
program (new this year) in which Shabbat will come alive with fun activities,
games, and learning opportunities. Led by Ruth Malka.
Meets 10:30 am on 4/27 and 5/4

Kulanu Teens for Grades 6 - 10: Monthly interactive meetings led by Ruth
Malka and a variety of guest speakers who will join us to discuss topics
related to Torah, a holiday, the season or current events.

Kulanu Junior and Kulanu Teens meet at 10:45 am on:
3/9, 3/30, 5/18 and 6/9

Additional Shabbat Services

Center Square Minyan in Downtown Albany

Super Jewy. Kinda Jewy. Not so Jewy. Black. White. Brownish. Gay.
Straight. All in between. Ashkenaz. Sephardi. Mizrahi. Afrofuturistic.
Listening to Janelle Monae or Amy Winehouse. Let's Shabbat it up!

Location: Trinity United Methodist Church, 235 Lark Street, Albany. (Please
ring the bell on the Lancaster St. side of the building to enter). Minyan begins
Fridays at 6 pm. All are welcome, including kids.

Schedule: Center Square Minyan is cooling you off and then bringing you
to the West Indies. Shabbats are hot in the city. Please join us for an Israel
and Ice Cream Social on **April 5** and Carnival (Caribbean Night) on **May 3**.
All events are free.

Need more info? Please call the Ohav office or contact Aaron Israel or
Jay Deitcher at centersquareminyan@gmail.com or call 518-565-0474.

Monthly Mindfulness and Mussar

Please join us on the third Shabbat of each month, (4/20, 5/18, 6/15,
7/20) about 30 minutes after the end of services. We will check in with
ourselves and each other as we work with a monthly character trait - *middah*
- such as generosity, dignity, and humility. All are welcome, as we share this
sacred practice which feeds the soul as it strengthens heart and mind. Led
by Lynna Schaefer and Rabbi Susan Gulack.



WORDS FROM RABBI RENA KIEVAL

Who Knows Four? Celebrating Our Season of Freedom

We are approaching Passover, the “Season of our Freedom” (*z’man heiruteinu*) as the holiday is referred to in rabbinic literature. Freedom is a primary focus of our Jewish foundational story, the Exodus.

Freedom and its many manifestations are also, of course, at the core of American democracy. When we think about freedom, we might recall the words of President Franklin Roosevelt, when in 1943 he famously declared that all Americans and all people are entitled to **Four Freedoms**: the **freedom** of speech and expression, the **freedom** to worship God in one’s own way, **freedom** from want and **freedom** from fear. His dramatic words to our nation as it prepared to enter World War II were immortalized by Norman Rockwell’s beautiful paintings depicting these Four Freedoms.

Credit: The Three Tomatoes website



At our Jewish celebration of freedom, the Passover *seder*, the magic number is also four. We recall four verbs from the Torah’s Exodus story which mark our people’s journey from slavery to rescue to liberation to redemption, and we drink four cups of wine. We sing four questions and discuss the four children, as we share the evocative tastes, symbols, songs and stories of the *Haggadah* and our story of liberation.

On Passover, freedom is not only the focus of the Exodus story; it is also the theme built into the customs and rituals we observe. As we celebrate this holiday, as we sit at our *seder* tables this year, we might use these rituals to examine how we, individually and collectively, could incorporate the following “Four Freedoms” of Passover into our world and into our lives.

ONE: THE FREEDOM TO START OVER

Cleaning out our *chametz* can be both a physical and spiritual “spring

cleaning,” cleansing ourselves of excess material “stuff,” of arrogance, described by some sages as our ‘puffed-up’ *chametz* qualities, or of old behavior patterns we need to shed. Passover is a spring holiday, *chag ha-aviv*, when life is renewed, starting over. As free people, we might take opportunities for our own second chances. Or, we might offer a second chance to others through our support or by mending a relationship. We celebrate our freedom to start anew, just as the liberation from Egypt was a new start for the children of Israel.

TWO: FREEDOM INCLUDES ALL PEOPLE

Before we start our *seder*, before we celebrate and enjoy our bounty, we symbolically “open the door” and say “Let all who are hungry come and eat.” Judaism teaches that liberation is not complete if all are not free. As we celebrate our own story of freedom, we make a commitment to reach out to those who are not free.

We are truly free when we can look beyond ourselves to the needs of others. As we break the middle *matzah*, we remember our broken selves throughout Jewish history, and those among us who are still not whole. We open our homes to guests, we give *tzedakah* and recall the mandate of the Exodus to work harder to bring freedom to all people.

THREE: FREEDOM OF THOUGHT, AN OPEN MIND

Questions are an integral part of the *seder*, and the ability to question is the quintessential expression of freedom. Only those who are free can challenge the status quo and ask hard questions. Jewish thought and law have developed through questioning and Judaism has always encouraged and nurtured intellectual openness.

One passage in the *Haggadah* that especially lends itself to an exploration of this theme is that of the Four Children. These four



characters, based on verses in the Torah, are perhaps included in the *Haggadah* precisely to encourage challenging questions. As we meet them at the *seder*, we might consider what these questioners represent: different approaches to religion, different learning styles, different personalities, different aspects of ourselves. How should we best engage with these diverse characters when we encounter them in our own lives?

FOUR: FREEDOM FROM WANTING MORE; DAYENU!

The most beloved song of the *seder*, *Dayenu*, literally means “it would have been enough.” This song highlights what it means to be truly grateful for all of our gifts, even if objectively they may not be really sufficient, “enough.”

A free person is one who is not imprisoned by a perpetual desire for more; a truly free person is able to appreciate their portion, celebrate it and sing *dayenu* – it is enough!

This year, let us deepen our understanding of and commitment to freedom in its many profound manifestations. Our sages teach that on *Pesach*, we do not merely **think about freedom**; rather each of us should truly **feel what it means to be free**.

To accomplish this, at the *seder* we should not feel bound only to the traditional text of the *Haggadah*. “Anyone who expands on the story of the Exodus is to be praised,” they said.

At our gatherings this year, let us explore, be creative and have fun, and may each of us find ways to truly experience the great gift of freedom.

With best wishes from me and from my family to you and yours for a joyous and meaningful Passover! ❧



Victor Asal, PhD. Presented at Shabbat Services, Saturday, March 23

Dr. Victor Asal discussed issues surrounding democracy in Israel immediately following Shabbat services on Saturday, March 23, 2019. His presentation ended with a question/answer session and group discussion.

"It was a pleasure to welcome back Dr. Asal," said Rabbi Rena Kieval. "We live in a time of constant change and uncertainty on the global stage - and Dr. Asal's expertise and field of knowledge offered the insight and reassurance we're all seeking."

Asal is a political science professor at the University at Albany's Rockefeller College, as well as chair of the public administration department. His coursework is focused on world and comparative politics, political violence and oppression, negotiation and research design. Asal's research centers, in part, on state supported political discrimination against sexual minorities, women and ethnic groups, as well as the impact of nuclear proliferation. He has worked with the Department of Homeland Security and National Science Foundation, and has served as a negotiation trainer in a variety of academic, governmental and military settings.

"As American Jews, Israel is never far from our hearts," says Rabbi Dan Ornstein. "We are very lucky to have someone of Dr. Asal's stature keep us updated on the status of democracy in that part of the world." ❧

Hebrew Boot Camp: Get in Shape!

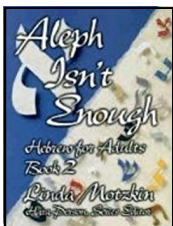
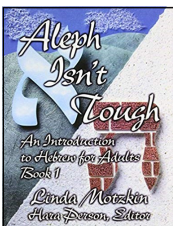
Hebrew reading instruction for beginners, and "drill" for those who want to enhance their fluency, especially in the Hebrew of prayer continues at Ohav. Students are paired with a study partner, and four of the six sessions have occurred.

Coordinator: Rabbi Rena Kieval, with various additional instructors Thursday evenings, 6 - 8:30 pm with light dinner provided for an optional charge.

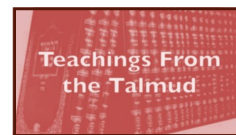
When: Continuing on 4/11 and 5/23.

Required: Books from the Hebrew for Adults series by Rabbi Linda Motzkin. **Beginners** need "Aleph Isn't Tough" **Intermediate** need "Aleph Isn't Enough"

There is a fee for this class and registration is required. Since it's mid-session, please contact Nancy for more information.



Study Talmud, the great text of Jewish tradition



Please join us as we continue to explore the Talmud together. No prior knowledge of Hebrew or Talmud necessary. Please bring a copy of the Schottenstein Babylonian Talmud, *Tractate - Brakhot*, Volume 2.

Instructor: Rabbi Dan Ornstein.

When: Continuing on Monday mornings at 11 am: ending on 6/3. Also Monday evening, 4/1 at 7 pm

Fee: There is a fee for this class and registration is required. Since it's mid-session, please contact Nancy for more information.

Note: Everyone is welcome. Monday evening sessions cover different material than material covered in Monday morning sessions. No need to purchase the Talmud volume for the evening class.

Important: When we hold an evening class, there will be NO morning class that day. You may register for all sessions, a mix of both, only morning sessions OR only evening sessions.



Many Voices: Ta Sh'ma (Come and Hear)

Judaism evolves and remains strong through honoring different perspectives, and through our core value of respect for all people regardless of differences.

This class, which started on 11/8, is studying classic Jewish texts that explore the foundations of Jewish pluralism. No knowledge of Hebrew or previous text experience required.

Instructor: Rabbi Rena Kieval

When: Thursday mornings, 11 am - 12:15 pm, Continuing on 3/28, 4/11, 5/2, 5/16, 6/13, 6/20.

Cost: Members \$42 Non-Members \$54 (We are mid-session, so please contact Nancy for more information.

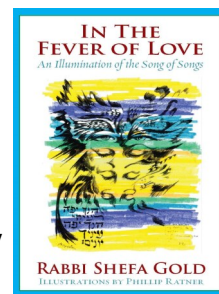
In the Fever of Love: A Song of Songs Journey

Those who are participating in the heart-centered exploration of the Biblical book of *Shir Hashirim*, led by Lynna Schaefer will culminate their study with *Kabbalat Shabbat* on Friday night, May 17, when the Song of Songs is chanted in the synagogue.

Using the book "In the Fever of Love" by Rabbi Shefa Gold, the group is exploring the chant(s) from each chapter, allowing the song to become embodied.

When: Continuing on Monday evenings, 7:30 - 8:30 pm: 3/25, 4/8, 4/22, 5/6, 5/17.

There is a fee for this class and registration is required. Since it's mid-session, please contact Nancy for more information.



Thank You Very Much

תודה רבה

(Todah Rabah)

Over the past two years, Ohav Shalom has received generous contributions from members in the form of funds, products and in-kind services that continue enhance our synagogue. Of note are contributions to our Life and Legacy project, some cash donations and bequests, and the items listed below.

Gifts such as these help to improve the safety and comfort of our congregation including our Early Childhood Education Center and our grounds. We thought we'd take this opportunity to share with you some of the enhancements that Ohav has made thanks to your generosity! (Note: these are listed in no particular order or priority):

- New sidewalk and lighting leading to the front doors
- Parking lot and building lighting.
- Upgraded security systems.
- New *siddurim* and High Holy Day *mahzorim*.
- Two hundred social hall chairs.
- Funds for a new playground coming this Spring.
- Signage throughout the building.
- 93 new windows to replace the original 1964 windows in the Early Childhood Education Center.
- Upgrade of our administration offices, kitchens and caretaker's apartment.
- Mini-split air conditioners installed in the Early Childhood Education Center classrooms.
- New sound system for the sanctuary and social hall.
- Projector and screen for events in the social hall.
- Door openers for handicap accessibility.
- New flags outdoors, continually replaced as needed.
- New High Holy Day Torah covers.
- Granite benches located outdoors.

Additionally, funding from the Ohav Shalom Housing Development Fund Inc. has provided us with:

- A burglar alarm system with 7 motion sensors
- 9 new security cameras
- 4 panic buttons
- Phones in all classrooms for the ECEC and a building-wide paging system

We welcome gifts of all sorts, and encourage you to contact Rabbi Dan, Rabbi Rena, Judy Avner, Nancy Pandolfo or one of our Board members to make a similar contribution.

A sincere **TODAH RABAH, THANK YOU**, to all those who have contributed to our success. Every contribution is important, and very much appreciated! ❧



Join us on an Adventure in Israel with Rabbi Dan Ornstein Feb. 12 - 23, 2020

Everyone who comes with us on this incredible trip will experience the best Israel has to offer, with the leadership of Rabbi Dan, the expert guides provided by Ayelet Tours, and the camaraderie of new and long-lasting friends from Ohav Shalom. Together we will:

- ✓ Celebrate our *B'Nai Mitzvah* atop Masada
- ✓ Plant trees at *Neot Kedumim*
- ✓ Explore Jerusalem from past to present, including visits to the Old City, *Ir David* and *Yad Vashem*
- ✓ Visit the *Machane Yehuda* market and watch as the locals prepare for Shabbat
- ✓ Swim in the healing waters of the Dead Sea
- ✓ Take a jeep tour through the Golan Heights
- ✓ Discover the ancient synagogues and artists' quarters in the Mystical town of Safed
- ✓ Join a hands-on archeological dig at *Beit Guvrin*
- ✓ Take a walking tour on the Independence Trail through the *Ahuzat Bayit* neighborhood where Tel Aviv was originally developed

... **And so much more** - - including an optional Eilat/Petra Extension from February 22-25.

View the full itinerary and tour pricing at secure.ayelet.com/OrnsteinIsrael2020.aspx

QUESTIONS? Want to discuss? Please contact Rabbi Dan at rabbidan@ohavshalom.org.

Project Atid, Continued from Front Page

The purpose of Project *Atid* is to assess the current status of Ohav Shalom, identify our strengths and challenges, and consider what the next 5-10 years might look like as we plan for our future both as a Conservative congregation and as a vital part of the Capital District Jewish and larger communities. We are building on the congregation's most recent strategic plan, Project *Lech Lecha*, which was completed in 2010. After reviewing that report, we are pleased to share that Ohav has already implemented a great many of the report's recommendations and has exceeded the membership numbers predicted for this fiscal year.

The subcommittees are currently working to assess a number of areas including: demographics, finances, membership (inclusivity per the new USCJ definition, attracting new members, retention), Judaic religious practice, education/ lifelong learning, physical plant, relationship with USCJ, relationship with the Ohav apartments, and potential community collaborations and partnerships within our Jewish community. Updates will be provided over the next few months along with opportunities for the congregation to be involved. This is for and about all of us. ❧

Sip 'n Sing with Alan and Dan Goldberg March 30, 2019, 8:10 – 10:10 pm

The Sisterhood of Ohav Shalom is proud to present its first Sip 'n Sing featuring local headliners Alan and Dan Goldberg. We hope you will join us at Ohav Shalom for this evening of great music, singing along if you want to, and sipping your favorites in a relaxed coffee-house style atmosphere. We'll start with *Havdalah*, and then "chill" together in the warmth of friends. **All are welcome!**
Members \$15 | Non-members \$20 | Children \$10
Committee Members: Judy Avner, Jane Ginsburg, Melanie Grossman, Jean Kaback, Sandy Lipman, Debbie Rausch, Terry Tyson



Join us for the 4th Annual Ohav Shalom/Hebrew Academy Pre-Pesach Spaghetti Dinner

Thursday, April 18 5:30 pm at Ohav Shalom

Load up on carbs before Passover and donate your unused, unopened Chametz (or any food) to the Regional Food Bank. Just bring it with you!

Cost: \$18 per adult, \$10 per child \$54 family max

To make credit card reservations go to Events on the Ohav website - <https://www.ohavshalom.org/events/pre-passover-spaghetti-dinner/>. You may also call Cecelia (518) 489-4706 x10. Please make checks payable to Congregation Ohav Shalom 113 New Krumkill Rd. Albany, NY 12208. Thank you.



Yom Hashoah 5776 – Reading of the Names Sunday, April 28

Each year, in the main sanctuary on the Sunday before Yom HaShoah, we read aloud the names of French children who perished in the Holocaust throughout the day.

This year, our vigil will begin at **6 am on Sunday, April 28**, and continue in 20-minute

shifts until 6 pm that day. Everyone in the Ohav Shalom family is invited to come and so that, if only for a moment, some of those who perished are in our thoughts as individuals. We speak and hear their names, and we recall them as full human beings, not as nameless "victims."

Visit <https://www.ohavshalom.org/get-involved/events/> to book a block of time to read. Or, if you prefer to have someone do the sign-up for you, please call Cecelia in the synagogue office at 489-4706 x. 10 or email her at assistant@ohavshalom.org. She will do her best to get you the time you prefer.

In memory of those who perished, thank you. ❧

BAR & BAT ANNIVERSARIES



Celebrate the Anniversary of Your Bar/Bat Mitzvah with Ohav

Can you still chant from the Torah portion or *haftarah* of your Bar/Bat Mitzvah day?

On the Shabbat of "your" *parsha*, mark the occasion by participating in a special way, by chanting for the congregation, leading *davening*, or taking an *aliyah* to the Torah.

We will not be handing out fountain pens, but will be glad to share a meaningful memory with you and help you keep up your skills. Teens and adults of all ages are welcome and encouraged! ❧

We need Greeters for Shabbat and Events

Today, in the world in which we live, Shabbat Greeters do more than just welcome people to shul. Yes, greeters do provide a welcoming smile and wishes of "Shabbat Shalom" to those who come to our door. But today, Shabbat Greeters also help keep us safe for Shabbat or other events.



**Shabbat Greeters
are a critical
component of an
effective security
program.**

Albany PD

The leadership of our synagogue has been advised by our law enforcement partners that Shabbat Greeters are a critical component of an effective security program. Shabbat Greeters are more likely to know who belongs, engage new people and generally helps to make sure our open door is secure.

To be effective, we need YOU! All congregants are welcome to take a turn. There are teams of two people for each shift. Training will be provided.

So...join your Ohav family in keeping our Shabbat door open and our worship secure.

Sign up online in the Members Only section of the website, or contact the office to sign up. Thank you. ❧





Playground Project Update



Ohav Shalom's new playground project is underway!

Over the holiday break in December, a group of happy volunteers helped dismantle the old playground. The new one will break ground very soon!

For safety reasons, we have put caution tape around the entire playground site.

FOR THE SAFETY OF ALL, NO CHILDREN MAY PLAY AT THE PLAYGROUND SITE UNTIL THE NEW EQUIPMENT HAS BEEN FULLY INSTALLED!

Many thanks to Karl Brodsky, Jeremy Kassel, Larry Flesh,

Dan Hampson, David Levine, and Ira Lobel who helped dismantle to old site.

If you would like to help install the new playground, please contact Gregg Fox at foxy8976@gmail.com. It's fun, and we welcome you to participate!

SPRING RUMMAGE SALE

DROP OFF is Tuesday, May 28 and Thursday, May 30 from 9 am-4 pm; Wed., May 29 from 9 am-7 pm; and Fri., May 31 from 9 am-1 pm. You can drop off rummage ale items AND take your no longer papers to be shred at the same time, on **May 31 - Shed It or Shred It Day!** See back cover.

Acceptable items include housewares, new or like-new adult and children's clothing; sporting equipment; baby gear; books and CDs. (no underclothes, old TVs or computers; stuffed animals or mattresses, please. For more info., contact Sheryl at 518-489-4894 or by email at

ececdirector@ohavshalom.org.

**GET YOUR
RED OF
STUFF**



The **SPRING RUMMAGE SALE** is on **Sunday, June 2** from **8:30 - 1:30**

GREAT DEALS ARE AVAILABLE HERE!

Spread the word. All welcome.

Time flies when you're having fun at Ohav!! It's almost time to register for Summer Camp and Fall 2019 Early Childhood Education!

Summer Camp Registration started March 4 and will be ongoing until the end of June. There is an **Early Bird \$75 discount** if you sign up for a minimum of 3 weeks by May 1. Camp starts on Monday, June 24 and runs until Friday, August 23. Some new and old camp themes this summer include: *Outer Space; Happy Birthday America; Bugs, Bugs, Bugs; Into the Ocean; Lions, Tigers and More; Messy Monsters; Dynamic Dinosaurs and Reptiles; and, Create and Take Carnival.*



Fall Registration for our Early Childhood Education Program begins the week of March 11 for members and current school parents. Registration will be open to the public on April 1.

New Playground

As you see from the article at left, Ohav's new playground is expected to be completed this spring. We are so excited! A huge thank you to all who donated toward this project, to Gregg Fox and the Playground Committee and the Men's Club for all their hard work.

Winter Recap

In January, we all dressed as trees for *Tu B'Shevat*. We tasted different fruits from trees, planted parsley for Passover and marched around the synagogue in a tree parade. Purim is always a blast! The kids wore their favorite costumes and paraded around the school. We ended the parade with a carnival and bouncy bounce. There were great photo moments for all the parents. The kids' favorite activities were the bouncy bounce and getting their faces painted. Among our winter fundraisers were a babysitting night so the parents could have a night out and school photos. This spring we will do silver graphics, another babysitting night and a flower sale to raise funds for our Early Childhood Education Center program.

For more information about Ohav Shalom Early Childhood, or to arrange a tour, please call me at (518) 489-4894 or e-mail ececdirector@ohavshalom.org. I would love to show you what makes our school so special!

—Sheryl Welton ☿



Assuring Ohav's Future – Our Life and Legacy Society Gathers Momentum



Once again, we are very pleased to announce that since its launch on March 1, 2018, **Ohav Shalom's Life and Legacy Society** continues to make significant strides in reaching our goals. To date, the following individuals have submitted their Letters of Intent. We are so grateful to everyone who is supporting Ohav's future in this way. Your commitment and support strengthens our community and ensures Ohav's future. **Todah Rabah** - Thank you!

Laurie Abelson	Jean Kaback
Marian Alexander	Martin Kaback
Judy Avner	Rabbi Rena Kieval
David Bates	Shalom Kieval
Wendy Kay Bates	David Levine
Leslie Berlinsky	Steve Levy and Marci Galinkin
Marc Berlinsky	Ira and Sheila Lobel
Barbara Brodsky	Michael Lozman
Karl Brodsky	Sharon Lozman
Debbie and Jeff Cohen	Ken Malsan
Antoinette Deitcher	Harris Oberlander
Jason Deitcher	Sandy Oberlander
Steve Eckert	Rabbi Dan Ornstein
Larry Flesh	Neil Piper
Gregg Fox	Shari Piper
Jennifer Fox	Julie Pollack
Dorothy Ganz	Libby Post
Rob Ganz	Kathryn and Nelson Sheingold
Roberta Greenberg	Terry and Dan Tyson
Walter Greenberg	Bess Wadler
Aaron Israel and Matthew Finn	David Weinstein
Ed Jacobs	Margery Zucker
Laura Jacobs	

Life and Legacy™ is a 4-year partnership program of the Harold Grinspoon Foundation that is assisting communities across North America by promoting after-lifetime giving to Jewish organizations of the donor's choice. Ohav Shalom is one of 11 organizations partnering with our Jewish Federation of Northeastern NY, which administers the program in our community. We are grateful to the Federation for its support.

Please consider joining Ohav's Life and Legacy Society. **The program is structured so that everyone can participate!** Ohav's Life and Legacy Committee members have already started reaching out to all congregants to offer membership in the Life and Legacy Society. Simply signing a Letter of Intent provided by the office will enroll you. You will then have a year to formalize the commitment. Your enrollment will make you a role model for others in our Ohav community. If you wish to remain anonymous, you may indicate that on your letter of intent.

Ask yourself how Ohav has impacted your life and the lives of your family members and friends. Then, please join those who have already become part of Ohav's Living Legacy. We hope we can count on your valued commitment to keeping our home strong for future generations. Our success is up to you. Please call Nancy Pandolfo, our synagogue administrator, for further information or if you have questions.

Todah Rabah - Thank you. ❧



The Inclusion Committee, co-chaired by Melanie Hecker and Barbara Brodsky, continues to plan various activities and events with regard to welcoming individuals with disabilities into synagogue life, and to heighten the sensitivities of our already warm and welcoming congregation.

February was Jewish Disability Awareness Month. On **February 19**, during Presidents Week and in conjunction with Jewish Federation of Northeastern New York, Ohav Shalom hosted a movie day for students with special needs. Participants enjoyed showings of movie favorites, Finding Nemo and Finding Dory.

On **March 2**, during Shabbat morning services, our congregation participated in the third annual Ohav Shalom Disability Awareness Shabbat. Guest presenters, David and Emily Kieval, addressed **Expanding the Culture of Inclusion at Ohav Shalom** through discussion and experiential interaction with the congregation.

Passover will be here before we know it! In preparation for the annual Seder for Adults and Youths with Developmental Disabilities scheduled for **April 7**, the Inclusion Committee has been working with Dan Gordon, Amy Anneling and the rest of the members of the Social Action Committee, as well as Marci Galinkin from Jewish Federation of Northeastern New York, to widen Ohav Shalom's invitation outreach to people with developmental disabilities and their families. Participants incur no cost. If you know any families in the Capital District region whose developmentally disabled members might enjoy a beautiful Seder led by Rabbi Dan, please tell them about the Seder. Watch for details!

The Inclusion Committee offers thanks to Jewish Federation of Northeastern New York for its financial support in inclusive events at Ohav Shalom, and to Marci Galinkin for her work with our programming, including movie day and the Seder for Adults and Youth with Developmental Disabilities.

The Ohav Shalom Social Action Committee in collaboration with the Inclusion Committee invites you to Break Matzah with Us! Be a part of Albany's annual Passover Seder for Adults and Youth with Developmental Disabilities. Sunday, April 7, 2019 at Ohav Shalom.

We need workers in shifts of 2-3 hours throughout the day (1 PM – 6 PM) to: Prepare the meal, assemble Seder plates, set the tables, greet guests, serve the meal, clear the tables and clean up. If you've worked on the Seder in past years, you remember how much fun it is. If you haven't – come get to know one of Albany's greatest holiday projects.

To volunteer or for more information call/email Amy Cohen Anneling 518-928-7660/sfdda.ohav@gmail.com.❧





Rabbi Miriam

I can't believe how quickly the year is going by. Before I know it, the school year will be over and I will be moving on to other adventures. I am so grateful for my time at B'Yachad. I have learned so much and enjoyed the work immeasurably. Thank you to Ohav for supporting B'Yachad and me personally. I have loved coming to work here and will miss you all.

We have had a busy winter with many special programs. For Hanukkah families made *Sufganiyot*, learned, sang and rejoiced together. Julie Adler organized the unique opportunity for *Kitot Dalet-Zayin* (4th-7th grade) to see the play "Number the Stars,"



Kitot Bet-Zayin (2nd-7th grade) had a wonderful time and some tasty treats at the *Tu B'Shvat* Ice Cream seder and the *Kitah Vav/Zayin* (6/7) participated in a teen philanthropy program at Federation. *Kitah Dalet* (4th



grade) went to the State Museum to learn about Jewish immigration with other 4th graders in the area. *Kitah Het* (8th grade) has done much to make the world a better place including collecting items to donate to Equinox and spending time with

residents at the Massry. On **3/17**, we had our Purim program at Ohav. It was lots of fun. All students continue to progress in their Hebrew skills and knowledge of Judaic studies. It is wonderful to see the smiling faces enter the building on Wednesdays and Sundays.

Although it is only a short time until the end of the year, we have much planned in that time. On **3/22** we will celebrate the B'Yachad community with a service at 6 pm followed by dinner at Ohav. We will have a family friendly service with lots of singing and classes and individual members of B'Yachad leading prayers. *Kitah Het* (8th grade) will be going on their trip to NYC to learn more about Jewish immigration to this country on **3/24**.

We continue our parent education classes that are open to all adults in the community. On **3/3**, Rabbi Cashman led a class about the Blessings of Food and Rabbi Dan will teach a class entitled 15 Steps to Freedom on **4/7**. Please come out on a Sunday morning and learn with us.

Our last day of school will be on **5/5** when we will celebrate all that we have learned and the 8th grade graduation ceremony. We will cap the year off with a barbecue. Endings are always bittersweet, but once again, I thank you all for this opportunity. I will miss you! ❀

Mitzvah Day

Mitzvah Day April 7!

A joint project of Congregation Beth Emeth, Temple Israel, Congregation Ohav Shalom, Congregation

B'Nai Shalom and Congregation Beth Abraham-Jacob, Mitzvah Day offers the opportunity for *Tikkun Olam* within our local community. Volunteer options include donating blood, packing Passover food baskets, sorting food donations, cooking meals at the Ronald House, cemetery clean-up, preparing snack bags for Trinity Alliance, making lap quilts for veterans or making bandanas for shelter dogs and cats. There's a mitzvah opportunity for everyone who wants to participate.

Among some other options, volunteers may sign up to: Sort Food Donations for Hungry People Regional Food Bank, Age Requirement 4+; Cook Dinner for Families at Ronald McDonald House, Age Requirement 18+; No-Sew Blankets for Mary's Corner, Age Requirement 10+; Peanut Butter Bag Lunches for City Mission; Lunch for Mitzvah Day Volunteers, Age Requirement 18+; Meatballs for Soup Kitchen, Age Requirement 12+; Supply Bags for Refugees; Bake for City Mission Homeless; Soup Kitchen Garden Prep & Plant; Welcome Bags for Teens at Equinox Shelter; Birthday Boxes for Homeless Children; Ribbons for To Life! Breast Cancer Education; Cemetery Clean Up Grounds/Chapel Beth Emeth Cemetery; After-School Snack Bags for Trinity Alliance; Pack Towels for Joseph's House for Homeless; Lap Quilts for Veterans; Welcome Bags for Ronald McDonald House; Letters for IDF Lone Soldiers alone in Israel; Breakfast-to-Go bags Ronald McDonald House; Red Cross Blood Drive Help or Donate Blood, Age Requirement 16+; Pack Passover Food Baskets; Baby Fleece Balls for Trinity Alliance, Age Requirement 10+; Bandanas for Shelter Dogs and Cats, Age Requirement 10+.

Check in and lunch at Beth Emeth begins at 11:30 am. **Registration is required by March 31.** Kids under 18 must be accompanied by an adult.

Please look for the Mitzvah Day link on the Ohav Shalom website <https://www.ohavshalom.org/social-action/mitzvah-day/> and sign up by March 31.

Questions? Please contact Gail at 40rosedale@gmail.com. ❀





Mifgash Strong and Steady

Sunday nights are typically known for winding down and getting ready for the week ahead. Whatever goes on in your weekend - be it shopping, *schlepping*, relaxing, socializing, running errands, or whatever - I can assure you Sunday nights at Ohav are anything but that!

At six pm, sometimes a little before, mostly a little later, thirty-eight local high school teens come through the doors ready for yet another *Mifgash* experience. Usually they come in smiling, schmoozing with one another, listening to music on their earbuds, eyes down on their phones or focusing on which direction of the building they need to get to for class. Regardless of how they come in it's the WHY they come every week that counts.

So, what exactly are these 38 teens doing together each Sunday evening? They are studying anything and everything Jewish!! *Mifgash* caters to their needs and offers them a wide variety of classes from *Tikkun Olam*, Community Service at the Ohav Apartments, learning about *Jews in the News*, taking a *Jewish Culinary Journey* in the dairy kitchen, learning about *Political Advocacy* with a Jewish view, studying about *Ethics and Values*, taking a peek via *Channel into Israeli Life* by viewing a widely popular Israeli Television series, studying about *Judaism and American Law*, creating *Jewish Art*, discussing *Jews, Booze and Tattoos*, playing *Jewish Board Games* and learning history and traditions along the way.

Mifgash also celebrates the holidays with our teens and families. We started off the year with a delicious Sukkot luncheon spearheaded by Caryn Halle and were very inspired by a learning session about the obstacles and challenges homeless people face led by Rabbi Dan. Thank you both! We celebrated *Chanukah* with fun activities followed by a discussion about peace, hope and light (also led by Rabbi Dan). We began the Spring semester learning about The Science of Character and the Making of a *Mensche* and are now getting ready to celebrate Purim.

Mifgash is proud to have so many students coming each week to explore their Jewish roots, secure their Jewish identities while being part of a Jewish teen community. Thank you to Congregation Ohav Shalom for hosting *Mifgash* this year! ❧

New Library Books

The Ohav Shalom library was dedicated in 2017 in memory of Cantor Dan Chick. The plaque on the library door reads: "May you find this library a source of Jewish enrichment and inspiration."

The library is open whenever the synagogue building is open. Borrowing books is as easy as 1, 2, 3. 1) Find a book to borrow and look in the box on the window shelf marked membership, which holds a card with your name on it. 2) Paper clip the index card to the book card found in the back cover of the book. 3) Place the index card with the book card clipped to it in the box labeled "Checked Out Items." You may even borrow books on the Sabbath and *Yom Tov*.

Scholarship Season is Here! Don't Miss the Deadline!



Scholarships were established to encourage young people to participate in an intensive Jewish summer program, a Jewish camp program, or a trip to Israel. Typically, USY-on-Wheels, trips to Poland and Israel, USY Encampment, and other Jewish camp experiences have been funded.

General Scholarships exist to help young people access meaningful Jewish experiences that will bring them closer to Judaism. While the scholarship is not intended to pay for the entire Jewish experience, we want our youth to know that supporting them is extremely important to the congregation. All children of Ohav Shalom regular, non-associate members in good standing are encouraged to fill in the application.

Ohav is fortunate to have named scholarships that offer funding for Jewish enrichment in Israel. We encourage families to consider the many opportunities for young people to spend the summer in Israel. The families who generously established these named scholarships are delighted to support summer in Israel experiences. Applicants for named scholarships should fill in the general scholarship application and attach a meaningful essay as described on the application.

In the past, funding for general scholarships have been provided by Men's Club, Sisterhood, Rabbi Ornstein and Rabbi Kieval's Discretionary Funds, the Minyan Fund, and donations from congregants.

For further information or assistance, contact Sheila Lobel (scholarships@ohavshalom.com) or the Ohav office (518-489-4706).

Applicants should access the information and application online at <https://www.ohavshalom.org/learn-with-us/ohav-shaloms-scholarship-program/> and submit the online form, however, applications may be downloaded and completed as well.

The firm deadline for receipt of all applications is March 31, 2019. ❧

Books in the reference section may not be borrowed. New books are always being added to the collection funded by the Library Fund or book donations. New books are displayed on the shelf below the portrait of Cantor Chick. Donations of quality books of Jewish interest are welcome.

Please contact Helene Ainspan at 518-438-9561 or hainspan@yahoo.com if you would like to donate books and she will meet with you about the selection. New Acquisitions include: FICTION - *The People of Forever Are Not Afraid*, by Boianjiu; *The One Man*, by Gross; *Being Esther*, by Karmel; *Gateway To The Moon*, by Morris; *Three Floors Up*, by Nevo; *Two She Bears* by Shalev... and NON FICTION - *The New Rabbi*, by Fried; *Reading The Women Of The Bible*, by Frymer-Kensky; *Barbra Streisand*, by Gabler; *Steven Spielberg*, by Kaskell; *Kaballah Month By Month*, by Ribner; and, *Chameleon In the Closet*, by Rosenfeld.



Passover, or Pesach, 2019 begins at sundown on Friday, April 19, and ends Saturday evening, April 27. The first Passover seder is on the evening of April 19, and

the second Passover seder takes place on the evening of April 20.

Passover is a festival of freedom. It commemorates the Israelites' Exodus from Egypt, and their transition from slavery to freedom. The main ritual of Passover is the *seder*, which occurs on the first two night (in Israel just the first night) of the holiday - a festive meal that involves the re-telling of the Exodus through stories and song and the consumption of ritual foods, including *matzah* and *maror* (bitter herbs). The *seder's* rituals and other readings are outlined in the Haggadah - today, many different versions of this Passover guide are available in print and online, and you can also create your own.

The central Passover practice is a set of intense dietary changes, mainly the absence of *hametz*, or foods with leavening. The ecstatic cycle of psalms called *Hallel* is recited both at night and day (during the *seder* and morning prayers). Additionally, Passover commences a 49-day period called the Omer, which recalls the count between offerings brought to the ancient Temple in Jerusalem. This count culminates in the holiday of *Shavuot*, the anniversary of the receiving of the Torah at Sinai.

We hope you will join us this year as Ohav brings an accessible seder to individuals who have developmental disabilities. This inclusive *seder* is a chance for those who might otherwise have a place to celebrate, and is a real "feel good" for everyone who gets involved. To volunteer, please see <https://www.ohavshalom.org/events/passover-seder-for-adults-and-youth-with-developmental-disabilities-april-7-4pm-to-6pm/>.



Yom HaShoah is the **Day of Remembrance of the Holocaust**, a day we set aside for remembering Jewish victims of the Holocaust. This year, Yom HaShoah is on Wednesday, May 1.

We always talk about remembering in conjunction with the Holocaust. Remember the six million. The world must remember so that a holocaust can never again happen. We must remember those who perished in order to honor them and give their deaths meaning.

It is memory that has allowed us to last through thousands of years of history. Our religion and our people are founded on the collective memory of revelation at Sinai. Scripture throughout commands us to remember: Remember the Sabbath day (Exodus 20:8), observe the Sabbath as a reminder of the

Creation (Exodus 20:11) and of the Exodus (Deuteronomy 5:15); remember, continually, the Exodus; remember what the evil Amalek did

All those memories in many ways define us. As the Baal Shem Tov (the founder of [Hasidism]) taught, "Forgetfulness leads to exile while remembrance is the secret of redemption."

We hope you will join us on April 28 for the Reading of the Names, so that the young children from France who were murdered and normally remain nameless will be remembered individually, if only for a few moments in time. (Please see page 7 for more information.)



Israel's Independence Day, in Hebrew **Yom HaAtzmaut**, is celebrated on the fifth day of the month of *Iyar*, which is the Hebrew date of the formal establishment of the State of Israel, when members of the "provisional government" read and signed a Declaration of Independence in Tel Aviv. The original date was May 14, 1948. Yom HaAtzma'ut begins at sundown on Wed, 08 May 2019. *Yom Ha'atzmaut* in Israel is always preceded by *Yom Hazikaron*, Israel's Memorial Day for the fallen soldiers.



Lag B'Omer occurs on the 33rd day of the Omer, the 49-day period between Passover and Shavuot, this year on May 23. The Omer is a time of semi-mourning, when weddings and other celebrations are forbidden. The most often cited explanation for the holiday comes from the Talmud, which tells us that during this season a plague killed thousands of people. According to a medieval tradition, the plague ceased on *Lag B'Omer*, the 33rd day of the Omer. (The Hebrew letters *lamed* and *gimel* which make up the acronym "Lag" have the combined numerical value of 33.) As a result, *Lag B'Omer* became a happy day, interrupting the sadness of the *Omer* period for 24 hours.



Shavuot, the "Feast of Weeks," is celebrated seven weeks after *Pesach*, this year on June 8 - 10. Since the counting of this period (*sefirat ha-omer*) begins on the second evening of Passover, *Shavuot* takes place exactly 50 days after the (first) *seder*.

Shavuot combines two major religious observances. First is the grain harvest of the early summer. Second is the giving of the Torah on Mount Sinai seven weeks after the exodus from Egypt. The first determines the ritual for the holiday, which was one of the three pilgrimage festivals of ancient Israel, when Israelite males were commanded to appear before God in Jerusalem bringing offerings of the first fruits of their harvest. The second determines the significance of the holiday for Judaism, tying it in with the seminal event of Jewish religious memory, namely the entering into a covenant between God and Israel, exemplified by Israel's assumption of Divine law. ❧



Regional Food Bank Drop-Off at Ohav



"Hunger is not a problem. It is an obscenity. How wonderful it is that nobody need wait a single moment before starting to improve the world."

Anne Frank

Hunger is a local ongoing concern. We can help.

On your way into Ohav (except on Shabbat or Yom Tov) drop off a non-perishable food item in the bins in the Administrative entrance. The contributions in the bin are delivered to the Regional Food Bank monthly.

Through this simple act, you'll be helping people right here in our community! **Thank You!**



We are always grateful to members who generously sponsor our weekly *Kiddush*. If you have a special event, anniversary, birthday or commemoration on the horizon, or would just like to reciprocate the generosity of others by sponsoring or contributing to a *Kiddush*, please contact Nancy at nosh@ohavshalom.com.

Todah Rabah!

Celebrate Ohav's Greenness!



If you look around our building you will notice several small but important changes. We have added a **Recycling Station** when you first enter by the office to encourage recycling. We have single-stream recycling bins in every classroom and new, energy-efficient windows. We've transitioned from plastic table cloths to cloth, and will change to compostable plates and cups for *kiddish* and events.

Like to Cook? Want to Join Us?

Yad Yonatan:

Cook with friends in the Ohav kitchen to maintain our supply of meals for those who are bereaved or facing illness or other crisis. Or volunteer to deliver a meal, along with comfort and good cheer.

Contact Lynne Shatsoff at 518-439-4822 or lshatsoff@gmail.com.

Kiddishe Mamas and Papas:

Enjoy baking, schmoozing and learning in the Ohav kitchen, as we bake goodies for *Shabbat Kiddush*. Contact Laurie Abelson at laurie33154@gmail.com.

Nurturing the New Mom and Dad:

Support a new parent by preparing and/or delivering them a meal. Contact Julie Pollack at 518-437-1150 or bpollack@nycap.rr.com.

Cooking for a Cause

Once a month we cook a delicious and nutritious meal for the residents of the Interfaith Partnership for the Homeless, a homeless shelter in downtown Albany. We prepare the dinner and cook at the shelter which provides us with the wonderful opportunity to interact with the staff and residents. Please contact Leona Kassoff 518-478-9662 if you are interested in joining our cooking crew.

*Cooking
For A Cause*

**Food for
Thought**



**Regional
Food Bank**
OF NORTHEASTERN NEW YORK

Nourish your soul by volunteering at the Regional Food Bank of Northeastern New York, 965 Albany-Shaker Rd., Latham on the dates below to help sort and re-pack food and other essential products for the needy in our community.

Join others, singles, couples and families for this Ohav Social Action Committee project.

Dates: 4/7, 5/5, and 6/2 from 1 to 3 pm

For any questions or more information, please contact Sharon Berko at 518-446-0476 or email her at sharonleeberko@yahoo.com.

No experience is necessary.

COMING MAY 31!

Securely dispose of your papers at Ohav's **SHREDDING DAY!**
See back cover for details.

Be an Earth Hero - Go Zero!





Donations support the present and future of Ohav Shalom. They provide our congregation and members of the community an opportunity to honor or memorialize a loved one or friend. All contributions are acknowledged in the DASH and to individuals and family members. The following contributions are acknowledged as received from 11/1/18—1/31/19.

B'Yachad Fund

In honor of:

- Scott Halle's 60th Birthday from Ed and Margo Rosen

In memory of:

- Bernard Garfinkel from Miles Garfinkel
- Marty Farber from Judy Toledano

Capital Campaign

In honor of:

- Nancy Pandolfo for help with our grandson Dylan DeBicarri's Bar Mitzvah from Stanley and Amy Solomon
- Adam Edwards' 50th anniversary of becoming a Bar Mitzvah from Adam and Rebecca Edwards

In memory of:

- Gussie Serotta from Pauline and Ron Brociner and Dorothy and Rob Ganz
- Barnett Edwards from Adam and Rebecca Edwards
- Barnett Edwards from Lois Edwards
- Estelle Halpern from Ira and Sheila Lobel
- Murray Eisenstadt from Lois Edwards
- Jacob Serotta from Pauline and Ron Brociner and Dorothy and Rob Ganz

College Outreach Fund

In memory of:

- Melvin Rinde from Stuart and Marlene Ellen Erner
- Rose Guberman from Audrey Sheingold

Goldstein-Goldhar Fund

In honor of:

- Dylan DeBicarri's Bar Mitzvah from Barry and Sara Larner

In memory of:

- Michael Helfner from Walter and Roberta Greenberg

Kahn Fund

In memory of:

- William Simmons from Eunice Golderman

Krantman Fund

In memory of:

- Eliezer Klopott from Zvi and R. Beth Klopott
- Fay Krantman from David and Joan Cohen
- Meyer "Red" Cohen from David and Joan Cohen
- Howard Krantman from David and Joan Cohen

Library Fund

In memory of:

- Solomon Shapiro from Philip Shapiro
- Stuart Libby from Cole Libby and Julie Solomon

Marian Cohen Kiddush Fund

In memory of:

- Eleanor Clarke from Larry and Barbara Eckhaus
- Esther Safran from Leonard Cohen

Marian Cohen Kitchen Fund

In honor of:

- Judy Avner with appreciation from Walter and Roberta Greenberg
- Gail Sacco, with appreciation from Walter and Roberta Greenberg
- Scott Halle's birthday from Alan and Margery Zucker

In memory of:

- Marian Cohen from Michael and Sharon Lozman
- Esther Safran from Leonard Cohen

Michael Banner Fund

In honor of:

- Joe Lewanda's annual rendition of the Song of the Partisans from Ed and Margo Rosen
- Howard and Gail Banner's new grandson Gavin George Banner from Karl and Barbara Brodsky
- Dan and Terry Tyson's Shomrei Habayit Honor from Alan and Tobie Dorn
- Ed and Laura Jacobs' Shomrei Habayit Honor from Alan and Tobie Dorn

In memory of:

- Mae Dorn from Alan and Tobie Dorn
- George Banner from Howard and Gail Banner
- Dr. Ed Shapiro from Howard and Gail Banner
- Judy Siref from Howard and Gail Banner
- Frances Buratt from Alan and Tobie Dorn
- Manuel Schindler from Howard and Gail Banner

Nursery School Fund

In memory of:

- Saul Kaplan from Mort and Lynne Borzykowski
- Roslyn Fox from Jeffrey and Bea Fox
- Alma Smiler from Pamela Smiler
- Claire Mason from The Berger Family
- Don Schwartz from Douglas Schwartz
- Kay Kaplan from Mort and Lynne Borzykowski
- Stanley Borzykowski from Mort and Lynne Borzykowski
- Rita Berger and Ellen Occhiuti from The Berger Family

Prayer Book Fund

In memory of:

- Morton Goldberg from Phyllis Ross

Rabbi Ornstein Discretionary Fund

In honor of:

- Rabbi Dan with thanks for his kindness from Carol Frank

- Rabbi Dan Ornstein from Pearl Lefcovicz
- Rabbi Dan Ornstein for his help with our grandson Dylan DeBicarri's Bar Mitzvah from Stanley and Amy Solomon
- Zvi Klopott's birthday from Jeffrey Bernstein and Sue Swartz
- Rabbi Dan with our appreciation and gratitude from Sue and Larry Flesh
- Rabbi Dan Ornstein with thanks for his continued guidance and friendship from Russell, Arielle, Beatrice and Juliette Weinstein
- Marah Gally's Bat Mitzvah from Grandma Millie Natal
- Rabbi Dan for his kindness with sincere gratitude from Ira and Diane Rubtchinsky
- Rabbi Dan with appreciation for Isabella's Bat Mitzvah from Cole Libby and Julie Solomon
- Samuel Jacobs and in appreciation of yahrzeit notices from Richard and Raylene Jacobs
- Ed and Laura Jacobs and Terry and Dan Tyson for their Shomrei Habayit honor from Marc and Linnie Newman
- Stan and Amy Solomon's grandson Dylan DeBicarri's Bar Mitzvah from Carol and David Grand

In memory of:

- Reva Lobel from Ira and Sheila Lobel
- N. David Lobel from Ira and Sheila Lobel
- Melvin Siegel from Lorraine Siegel
- Samuel Kohn from Bernard and Tema Isser
- Pearl Dudick from Norm and Maxine Brodsky
- Seymour Miller from Norm and Maxine Brodsky
- Karl Piper from Neil and Shari Piper
- Estelle Halpern from Arlene and Leslie Lewis
- Louis Ressler from Lorraine Siegel
- Nathan Tanzman from Hal and Judy Tanzman
- Andrea Wedner's mother Rose from Mark and Amy Hahn
- Elsie Helfman from Joel and Julia Helfman
- Jacob Neifeld, Sidney Shuman, and Marion Shuman from Alfred and Rose Shuman
- Leonard Wacholder from Avy Wacholder and Andrea Juris
- Gertrude Rasowsky from Berny and Carol Rasowsky

In memory of:

- Dick Ganz from Robert and Dorothy Ganz
- Harold Kaufman from Barbara Jacobs
- Anna B. Rubin from Beth and Peter Elitzer

Continued on Page 15

Rabbi Kieval Discretionary Fund

In honor of:

- Rabbi Rena from David Herbach
- Rabbi Rena Kieval for her help with our grandson Dylan DeBicarri's Bar Mitzvah from Stanley and Amy Solomon
- Rabbi Rena Kieval from Taier Perlman
- Rabbi Rena with appreciation from the family of Gilda Schuman
- Rabbi Rena with appreciation for Isabella's Bat Mitzvah from Cole Libby and Julie Solomon
- Marah Gally's Bat Mitzvah from Grandma Millie Natal

In memory of:

- Erich Isser from Bernard and Tema Isser
- Abraham Gilboord from Louis and Linda Gilboord
- Ruth E. Cohn from Dr. Arthur Cohn
- Milton E. Cohn from Dr. Arthur Cohn
- Jacob Neifeld, Sidney Shuman, and Marion Shuman from Alfred and Rose Shuman
- Harvey Coblenz from Joel and Andrea Bartfield
- Solomon Kessler from Estelle Yarinsky
- Dora Rabineau from Louis and Linda Gilboord
- Gertrude Rasowsky from Berny and Carol Rasowsky

Romanoff Fund

In memory of:

- Benjamin Dryer from Norman and Bronna Romanoff

Schreiber Fund

In memory of:

- Louis Schriber from Ilene Hellman
- Joanne Greenberg from Walter and Roberta Greenberg
- Louis Meislin from Stanley Winter

Shomrei Habayit

In honor of:

- Ed and Laura Jacobs from Ken Malsan and Heather Rockwood
- Daniel and Terry Tyson from Ken Malsan and Heather Rockwood

Sussman-Sherer Social Action Fund

In memory of:

- Marilyn Berko from Roberta Berko

Synagogue Fund

In honor of:

- Fred Rheingold for his help with our grandson Dylan DeBicarri's Bar Mitzvah from Stanley and Amy Solomon
- Becca Rausch's swearing in as Massachusetts State Senator from Debbie and Lee Rausch
- Morey Rothschild's new granddaughter Ayalah from Judith Avner
- Sue and Larry Flesh's marriage from Judith Avner
- Reed and Jody Ference's grandson Naftali Yakov from Edward and Laura Jacobs

- Reed and Jody Ference's grandson Naftali Yakov from Judith Avner
- Reed and Jody Ference's grandson Naftali Yakov from Daniel and Terry Tyson
- John and Elaine Cape's new granddaughter Eliana Rose Cape from Judith Avner
- John and Elaine Cape's new granddaughter Eliana Rose Cape from Edward and Laura Jacobs
- Paul and Barbara Dworkin's granddaughter, Ilona Charlie from Judith Avner
- Paul and Barbara Dworkin's granddaughter, Ilona Charlie from Edward and Laura Jacobs
- The Shomrei Habayit Committee for all their hard work from Edward and Laura Jacobs
- Dan and Terry Tyson receiving the Shomrei Habayit award from Steve Huz and Sharon Flom
- Ed and Laura Jacobs receiving the Shomrei Habayit award from Steve Huz and Sharon Flom
- Martin and Amy Anneling's son Alexander on his engagement to Sarah Davis from Daniel and Terry Tyson
- Reed and Jody Ference's son Ryan on his engagement to Rachel Chess from Daniel and Terry Tyson
- The Shomrei Habayit Committee with thanks from Daniel and Terry Tyson
- John and Elaine Cape's first grandchild, Eliana Rose from Daniel and Terry Tyson
- Congregation Ohav Shalom from Ilene Hellman

In memory of:

- Riva Huz from Jeffrey Bernstein and Sue Swartz
- Philip Lipman from Richard and Sandy Lipman
- Mary Joscelyn from Judith Avner
- Esther Greenberg from Judith Avner
- Mary Joscelyn from Edward and Laura Jacobs
- Riva Huz from Judith Avner
- Yetta Mirochnik from Richard and Sandy Lipman
- Carolyn Spitz Nerenberg from Danny Nerenberg
- Sheldon Wessler from Sylvia Kessler
- Jack Stern from Daniel and Terry Tyson
- Dan Radulescu from Judith Avner
- Estelle Halpern from Judith Avner
- Dan Radulescu from Edward and Laura Jacobs
- Dan Radulescu from Daniel and Terry Tyson
- Sophie Diamond from Abbott and Judy Phillips

Tabachneck Fund

In memory of:

- William Pollack from Avrum and Rosemary Tabachneck
- Ethel Tabachneck from Avrum and Rosemary Tabachneck

Yad Yonatan Fund

In honor of:

- Jim Hendler for his help with our grandson Dylan DeBicarri's Bar Mitzvah from Stanley and Amy Solomon
- Dr. David Weinstein from Sarah Kay
- Congregation Ohav Shalom from Jonathan and Anna Rosen

In memory of :

- Harry Glazier from Adelaide Glazier
- Kim Cook from Robert Champagne and Beverly Cohen-Champagne
- Minnie Wasserman from Adelaide Glazier
- Alvin Rabinoff from Ken and Anita Rabinoff-Goldman
- Pearl Dudick from Karl and Barbara Brodsky
- Seymour Miller from Karl and Barbara Brodsky
- Morris Massry from Stanley and Amy Solomon
- Gilda Schuman from Geri Lipshitz
- Timothy Jones from Robert Champagne and Beverly Cohen-Champagne
- Denise Veesaert from Douglas Schwartz
- Priscilla Jacobs from Edward and Laura Jacobs
- Karl Rizman from Karl and Barbara Brodsky
- Nathan Brodsky from Karl and Barbara Brodsky
- Max Banner from Karl and Barbara Brodsky

Commemorate Life's Events at Ohav Shalom

Making a gift to Ohav Shalom is a special way to honor someone.

Whether it's celebrating a bat/bar mitzvah, a wedding, an anniversary, a graduation, birthday, birth of a child/grandchild or special event, milestone or remembering a loved one or letting a friend know they are in your thoughts and prayers - - Ohav has a variety of ways to help you.

We offer:

- **Tree-of- Life Leaves:** \$250 for one; \$360 for two
- **Pew Plaques:** \$360 for one; \$500 for two
- **Engraved Sidewalk Bricks:** \$180 - \$2,500
- **Chapel Memorial Plaque:** \$500

Now, do the whole thing online!

Go to <https://www.ohavshalom.org/support-us/donate/commemoratives-and-plaques/> and see more details. Your special person will be notified if you'd like them to be.

If you need assistance, please call the office at 518-489-4706, x10 and someone will help you.

Thank you very much. ❀



Ohav announces the following family celebrations:

- *Mazal Tov to Barbara and Paul Dworkin* who celebrated the birth of their granddaughter, Ilona Charlie (Ilona Chana), born to Michelle Dworkin.
- *Mazal Tov to Jody and Reed Ference* who welcomed the birth of their grandson Naftali Yakov, born to Sean and Seri Ference.
- *Mazal tov to John and Elaine Cape* who welcomed their granddaughter, Eliana Rose Cape, born to our son David Cape and his partner Victoria Wheeler.
- *Mazal tov to Steve Huz and Sharon Flom* upon the birth of their grandson, Ami Rhys Huz, son of Jonathan Huz and Sarah Koblenz, and brother of Gabriel

Condolences

- To Carol Frank and family upon the death of her partner, Dan Radulescu
- To Diane and Ira Rubtchinsky and family upon the death of Diane's mother, Estelle Halpern.
- Upon the death of Ohav's longtime member, Esther Greenberg
- To Kathryn and Nelson Sheingold and family upon the death of Kathryn's mother, Mary Joscelyn.

B'nai Mitzvah at Ohav Shalom

Ohav celebrates with the families of those whose children became Bar/Bat Mitzvah so far in 5779:

**Shoham Randall
Max Ginsburg
Isabella Solomon Libby
Dylan DeBicarri
Marah Gally**



These are just some of the ways you can be involved. It all makes a difference. Please email nancy@ohavshalom.com to let her know how you'd like to be more involved. ❄



Welcome New Members

Ohav Shalom welcomes its newest members! Please give them a warm welcome and help us make them feel at home and comfortable. Shalom, and Thanks!

**Sarah, Alex and Jordan Baker
Karen Krassenbaum
Eli Rosenberg, Abby Horowitz, Meir and
Gavriella Horowitz
Victor Gomez, Michele Fisher Gomez, Zvi and
Razi Gomez
Michael and Nancy Kupferschmid**

Any time a large group of people gather together, sensitivity to conditions that affect others is crucial.

Medical evidence suggests that strong fragrances can trigger asthma, migraines, nausea, headaches, COPD, seizures and other issues for people who have these conditions.



We at Ohav Shalom ask that you please avoid using strongly scented products when you come to shul.

Thank you for respecting other people's needs.

March 2/25 Adar I
Gladys Goldman
Rose Shayne

March 3/26 Adar I
Stanley Gumson
Samuel Hersh
Jerome Kessler
Foster Moulton

March 4/ 27 Adar I
Harvey Kaufman
Rosalie Sovitsky

March 5/ 28 Adar I
Alix Herbach
Arnold Silverstein

March 6/ 29 Adar I
Abby Agata

March 7/ 30 Adar I
Bernard Ellenbogen
Mary Ellenbogen
Joseph Nozick
Rose Suess

March 12/5 Adar II
William Fox

March 13/Adar II
Sadye Herschkowitz

March 16/9 Adar II
George Levine

March 18/11 Adar II
Barbara Alperin

March 21/14 Adar II
Marian Gulack
Ruth Rosenblum
Walter Zenner

March 23/16 Adar II
Jacqueline Obstgarten
Hertha Zenner

March 24/17 Adar II
Renee Goldstein
Howard Kahn
Walter Sturm

March 26/19 Adar II
Sydney Seblowitz

March 27/20 Adar II
Bess Simon
Mildred Weissman

March 28/21 Adar II
Mildred Moskowitz

March 29/22 Adar II
Irwin Galinkin
Louis Kline

April 2/26 Adar II
Bernard Adler
David Goldstein

April 4/28 Adar II
Francis Pillsbury

April 6/1 Nisan
Harry Tutshen
Lili Weisz

April 7/2 Nisan
Isidore Chick

April 8/3 Nisan
Ida Butler

April 9/4 Nisan
Anna Adler
Sylvia Fass
William Weitzman

April 11/6 Nisan
Frederic Rubtchinsky
Arlene Winter

April 12/7 Nisan
Frieda Ikler
Shoshana Weiss
Grossman

April 13/8 Nisan
Daniel Eckhaus
Jeannette Troeger

April 14/9 Nisan
David Abbott
Ethel Jacobson

April 16/11 Nisan
Estelle Eckhaus
Adolph Fossner

April 17/12 Nisan
Michael Azif
Guillermo Nirenberg
Robert Rosenthal
Howard Yood

April 18/13 Nisan
Sarah Silverstein

April 19/14 Nisan
Carolyn Cohen
Viola Rosen

April 20/15 Nisan
Harold Bromberg
Harvey Lozman

April 21/16 Nisan
Theodore Fox

April 22/17 Nisan
Esther Levine
Donald Lewanda
Gussie Pross
Frances Sugerman
Ronald Weisberg

April 23/18 Nisan
Debra Goldsmith
Isabel Schriber
Woodrow Weissman



April 24/19 Nisan
Walter Loeb
Stewart Sacklow

April 25/20 Nisan
Mark Levy

April 26/21 Nisan
Phil Sloan

April 27/22 Nisan
Harriet Goldberg
Aaron Hecht
Frances Levy
Lillian Silverstein

April 28/23 Nisan
Martha Cohen
Eleanor Lax

April 30/25 Nisan
Samuel Wasserman

May 1/26 Nisan
Gerald Cohen
Elaine Englander

May 2/27 Nisan
Herbert Cohen
Charles Goldberg
George Goldstein
Gerald Levine
Ida Meislin
Leonard Messer
Morry Natal

May 3/28 Nisan
Victoria Gambitsky
Yahov Malkiel
Abraham Toback

May 5/30 Nisan
Rabbi Hayyim Kieval

May 6/1 Iyar
Hyman Bockstein
Betty Mendelsohn
Herman Schneider

May 7/2 Iyar
Julian Gulack

May 8/3 Iyar
Ernest Friedlander
Herman Green
Ilana Newman

May 9/4 Iyar
Edward Arthur Cole

May 10/5 Iyar
Nathan Erlbaum

May 11/6 Iyar
Esther Green
Ruth Kunath
Herb Levin

May 12/7 Iyar
Anne Banner
Harry Tyson

May 13/8 Iyar
Jay Fischer
Jacob Glaser
Clara Herbach
Berta Katz
Max Matelson
Fay Sovitsky
Adele Yanowski

May 14/9 Iyar
Robert Ainspan
Rose Greenblatt
Solomon Saleem
Morton Schips
Doris Weller

May 16/11 Iyar
Irving Louis Diamond

May 17/12 Iyar
Mabel Ference
Martin Gally
Joseph Motto
Abraham Rosenblum
Alfred Schlossberg

May 18/13 Iyar
Risa Kassoff
Mona Rosenshein
Delia
Morris Rosenthal

May 19/14 Iyar
Henry Kay

May 20/15 Iyar
Rose Fishman
Sandy Karpen
Max Straussman

May 21/16 Iyar
Edith Braun
Shirley Rosenbaum
Stanley Weiler

May 22/17 Iyar
Leonard Bock
Samuel Grode
Joan Halle
Edythe Jussim
Myra Susan Kay
Esther Weinberger
Eugene Yates

May 23/18 Iyar
Sarah Stulberg

May 25/20 Iyar
Lawrence Halpin

May 26/21 Iyar
Phil Barnett
Avram Krel

May 27/22 Iyar
George Holop

May 28/23 Iyar
Regina Lepseter
Shepard Magidson
Jeffrey Scott Orris

May 29/24 Iyar
Henry Bernstein
Robert Clarke
Eleanor S. Rose

May 30/25 Iyar
Marion Enos
Gabrielle Lefavre

May 31/26 Iyar
Meredith Kelly
Maurice Stemerman

Gifts from
the Heart

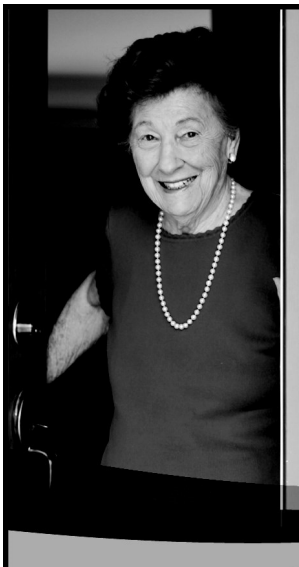


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Ohav Shalom Announces **Shed It or Shred It** Community Shredding Event

On Friday, May 31 you can clean out your closet AND your no longer needed paper, and bring everything to Ohav for safe and community-minded disposal! Just about every home has paper records that are too sensitive to toss in the trash. You should shred these documents to be safe. And, almost every home has items that are gently used and no longer needed. These items may be donated to Ohav for the Rummage Sale (see page 8). Shalom is pleased to host this event to help members of our community combat identity theft, declutter, and discard no longer needed paper in an environmentally friendly manner.

Shred It, a world-leading information security service provided by Stericycle, Inc. ensures the security and integrity of private and confidential information, protecting more than 500,000 global, national and local businesses across 17 countries worldwide. Now, for your convenience and a small fee, you can use their services close to home, at Ohav!.

Benefits of coming to Ohav for our Community Shred It Day:

- ☒ Shredding is done right in front of you giving you the peace of mind that the job was done properly.
- ☒ Shred trucks use cross cut shredding which is much more secure than a home shredder.
- ☒ No need to remove staples. Shreds paper, discs, credit cards.
- ☒ Paper bits will be sent to a recycling company for "green" disposal.
- ☒ Drop-off is the same time as drop-off for the **Spring Rummage Sale** on **Shed It or Shred It Day at Ohav!**
- ☒ Convenient hours during lunchtime and before rush hour.



Friday, May 31, 2019 from Noon to 3 PM

Minimum Donations: **Personal Shredding**: \$10 per person, unlimited documents

Small Business Shredding: \$50 per 10 banker boxes

Cash and checks only... no credit cards accepted



Shed It or Shred It Day at Ohav